

District 12

Unity News

December 2017



AA Thought for the Day

December 9, 2017

Something Happens

We know that while the alcoholic keeps away from drink, as he may do for months or years, he reacts much like other men. We are equally positive that once he takes any alcohol whatever into his system, something happens, both in the bodily and mental sense, which makes it virtually impossible for him to stop.

The experience of any alcoholic will abundantly confirm this.

- *Alcoholics Anonymous*, pp. 22 - 23

Thought to Ponder

Within our wonderful new world, we have found freedom from our fatal obsession.

AA-related 'Alconym'

H E A L = Helping Every Alcoholic Live.

I am responsible . . .

When anyone, anywhere, reaches out for help,

I want the hand of A.A. always to be there.

And for that: I am responsible."

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FUTURE DISTRICT MEETING DATES

JANUARY 14th, 3:00-4:00	QUEEN ST CLUB, MORGANTON
FEBRUARY 11th, 3:00-4:00	CALDWELL HOUSE, LENOIR
MARCH 11th, 3:00-4:00	HOPE VALLEY, HICKORY

Attendance Report November 2017 District Meeting

Lory D. – District Secretary
Byron P. – Alt. Burke LCM
Eric F – Caldwell Discussion, GSR
Andrew P. – Step Children, GSR
Alan C. – Living Sober, GSR
Ken F. – Cookies on the Table, GSR
Dean K. – 5:30 Group, Treasurer
Lynn D. – Second Chance, GSR
Rob P. – Keep It Simple, GSR
Steve C. – High Noon Group, GSR
Donna M. – Forever Newcomers, GSR
Chris B. - New Hope, GSR
Priscilla P. – Ladies of the Light, GSR
Robert R. - Corrections
Dustin C. – Gimme Shelter, GSR
Mary M. – Brown Bag, GSR
Dianne P. – Ladies of the Light, Alt. GSR
Chad R. – Keep It simple, Visitor
Chris A. - Visitor

Secretary Report – November 2017 District Meeting

The District 12 meeting was held at the Caldwell House. There were 18 voting members. The meeting was opened with the Serenity Prayer.

SECRETARY – Lory read last month's minutes, which were accepted.

TREASURER – Dean reviewed the treasurer's report, which was accepted.

DCM – Marty reviewed the Fall Assembly. He will send out a written review soon.

ALT DCM – Debbie was absent.

LCM BURKE – Byron stated he has informed many groups about the redistricting plan, and has received no feedback.

LCM CATAWBA – Joan was absent.

LCM CALDWELL – Eric reported that since he has been leading the new detox group, he has not been able to attend the Friday night group in Granite Falls.

CFC (CORRECTIONAL FACILITIES COORDINATOR) – Robert reported that the medium security group on Monday night in Burke County is going well. Discussed the funds needed for books. He also talked about the need and process for volunteers.

CPC/PI (COOPERATION WITH PROFESSIONAL COMMUNITY/PUBLIC INFORMATION) – Keith was absent.

TFC (TREATMENT FACILITIES COORDINATOR) – Marty talked about the Frye Hospital Groups being covered well, except for the last Saturday of the month. He asked for people to investigate someone to be responsible for coordinating that hospital's groups, as Susan does Catawba.

REGISTRAR – Kathy not present, but sent information that everything is up to date, and home group GSR's need to report home group numbers.

PUBLICATIONS – Steve stated that he tried to work at enlarging the font for the treasurer's report, but unable to do as of the printing. He thinks he has solved that issue now. He has changed names, updated positions, and removed the Broughton Hospital meeting. Please keep him informed of any future changes needed.

GRAPEVINE REP – Open position.

WEBMASTER – Lee was absent. Dean reported that he submitted the bill for website continuation.

OLD BUSINESS – Byron reported that Freddie S. from Charlotte will be the Alcolthon speaker, explaining he got sober in Burke County. The following are the slots drawn for Alcolthon group coverage:

2-4 Twin City Group; 4-6 Keep It Simple; 6-8 Forever Newcomers; 8-10 Gimme Shelter; 10-12 Green Chair; 12-2 High Noon; 2-4 2nd Chance; 4-6 5:30 Group; 6-8 Step Children; 8-10 New Hope; 10-12 Cookies on the Table; 12-2 Caldwell Discussion.

NEW BUSINESS SHARING SECTION – Marty and Dean have been reviewing the budget; it has been 5 years since the last budget reviewed. A proposed budget was passed out, with discussion following contributions to GSO and/or Area, publication expenses, Area budget, going to the Corrections Conference, etc. A motion was made and passed to table the issue until next month so that home groups could give feedback. Lynn volunteered to fill the Grapevine position, and Mary volunteered to be her alternate.

The meeting was closed with the Lord's Prayer.

UPCOMING EVENTS:

Alcolthon – December 31st, 2:00 pm – January 1st, 2:00 pm. First Methodist Church, 311 3rd Ave NE, Hickory, NC

Area 51 Spring Assembly – June 16th – 17th, 2018, Hilton Hotel, N. Raleigh/Midtown, 3415 Wake Forest Road, Raleigh, NC 27609

71st North Carolina State Convention – July 19th – 22nd, 2018, Hilton Hotel, N. Raleigh/Midtown, 3415 Wake Forest Road, Raleigh, NC 27609

Treasurer's Report November 2017 District Meeting

	January	Sept	Oct	Nov	YTD TOTALS
Operating Cash - Beg of Period	\$ 1,911.62	\$ 3,136.07	\$ 3,159.96	\$ 3,242.88	\$ 1,911.62
<u>Normal Contributions</u>					
5:30 Group	100.00	-	-	-	270.00
Alexander Group	-	-	-	20.00	80.00
Basic Book Study	-	-	-	-	175.00
Brown Bag Bunch	-	-	-	-	30.00
Come Alive Group	78.46	-	92.40	-	217.48
Cookies on the Table	50.00	50.00	-	-	200.00
Corinth United Group	-	-	-	-	150.00
Forever Newcomers	120.00	-	150.00	-	374.00
Gimme Shelter	-	-	-	76.00	76.00
High Noon	50.00	50.00	50.00	-	675.00
Keep it Simple	50.00	25.00	30.00	30.00	310.00
Living Sober	-	-	-	-	75.00
New Beginnings (Dissolved)	156.00	-	-	-	156.00
Primary Purpose	59.00	-	41.20	-	175.00
Saturday Night Group	-	-	-	-	70.00
Saturday Night Speaker	40.00	-	-	-	110.00
Serenity Sisters	130.98	-	134.82	-	331.74
Twin City Group	-	-	-	-	436.00
Valdese Discussion Group	-	-	-	-	210.00
West Union Group	50.00	-	-	25.00	125.00
Women's Gratitude Group	-	-	-	-	155.00
Total Normal Contributions	884.44	125.00	498.42	151.00	4,401.22
<u>Expenses</u>					
Answering Service	65.50	60.50	65.50	80.50	679.50
Bank Charges	37.76	-	-	-	37.76
CFC	-	-	-	-	100.00
Committee Travel Expenses	-	20.77	350.00	-	1,509.84
GSO	-	-	-	-	500.00
Literature	-	19.84	-	-	37.84
Publications	76.09	-	-	-	134.52
Total Expenses	179.35	101.11	415.50	80.50	2,999.46
Operating Cash - End of Period	\$ 2,616.71	\$ 3,159.96	\$ 3,242.88	\$ 3,313.38	\$ 3,313.38

Special Events Activity	\$ -	\$ (434.41)	\$ (434.41)	\$ (374.41)	\$ -
Contributions/Seed Money	170.00	-	60.00	145.00	669.20
Expenses (FUMC)	-	-	-	-	(898.61)
Balance for Special Events	\$ 170.00	\$ (434.41)	\$ (374.41)	\$ (229.41)	\$ (229.41)

TOTAL CASH **\$ 2,786.71** **\$ 2,725.55** **\$ 2,868.47** **\$ 3,083.97** **\$ 3,083.97**

NOTE: The District Committee has determined that \$1,200 of the Operating Cash, also included in TOTAL CASH above, should be maintained as a Prudent Reserve.

Addresses for Donations

DISTRICT 12: Dean Koenig

812C Wynnshire Drive Hickory, NC 28601

AREA 51: NCGSC - Treasurer, PO Box 1181 Burlington, NC 27216

GENERAL SERVICE OFFICE:

A.A. World Services, Inc., P.O. Box 459, New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NAME ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

GROUP SERVICE No. _____

DATE: _____

DELEGATE AREA No. _____

DISTRICT No. _____

No. OF MEMBERS: _____

OLD INFORMATION

GROUP NAME: _____

Group Meeting Location: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone: _____

MEETING DAY

MON | TUES | WED | THUR | FRI | SAT | SUN

MEETING TIMES

____ | ____ | ____ | ____ | ____ | ____ | ____

GENERAL SERVICE REPRESENTATIVE (G.S.R.)

Name: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone : _____

E-mail: _____

ALTERNATE G.S.R. or MAIL CONTACT (Please check one ✓)

Name: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone : _____

E-mail: _____

NEW INFORMATION

GROUP NAME: _____

Group Meeting Location: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone: _____

MEETING DAY

MON | TUES | WED | THUR | FRI | SAT | SUN

MEETING TIMES

____ | ____ | ____ | ____ | ____ | ____ | ____

GENERAL SERVICE REPRESENTATIVE (G.S.R.)

Name: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone : _____

E-mail: _____

ALTERNATE G.S.R. or MAIL CONTACT (Please check one ✓)

Name: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone : _____

E-mail: _____

If the Group is to be listed in the Directory, please provide a telephone number and mailing address for the G.S.R., Alternate G.S.R., or Group contact. Listing in the Directory is for Twelfth Step referral and/or for meeting information. The G.S.R.'s (or other contact) name and telephone number will be included in the Directory with the group's name and service number.

OK TO LIST IN THE DIRECTORY? Yes No

SIGNATURE: _____

DATE: _____

"Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. Membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group they have no other affiliation." — Tradition Three (the long form)

"Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose — that of carrying its message to the alcoholic who still suffers." — Tradition Five (the long form)

"Unless there is approximate conformity to A.A.'s Twelve Traditions, the group... can deteriorate and die." — Twelve Steps and Twelve Traditions, page 174.

THREE WAYS TO RETURN THIS FORM:

Postal Mail to: A.A. World Services, Inc.
Grand Central Station
P.O. Box 459
New York, NY 10163

By Fax: 212-870-3003 (Attn: Records)

E-mail: records@aa.org

District 12 Correctional Meetings

Caldwell County

Caldwell Correctional Center ("Hudson") (828) 726-2509
480 Pleasant Hill Road, Lenoir, NC 28645
Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group



Catawba County

Catawba Correctional Center ("Newton") (828) 466-5521
Friday 6:30-7:30 pm

Numbers and Contact Information

AA District Website: <http://www.ncd12aa.org>

HOTLINE NUMBER 1-877-960-4785
ESPAÑOL - 828-291-8465
LLAMAME

DCM Marty M. DCM@ncd12aa.org

Alternate_DCM Debbie G. altDCM@ncd12aa.org

Secretary Lory D. Secretary@ncd12aa.org

Treasurer Dean K. Treasurer@ncd12aa.org

CPC/PI Open Keith S. CPCPI@ncd12aa.org

Corrections Facility Coordinator Robert R. CFC@ncd12aa.org

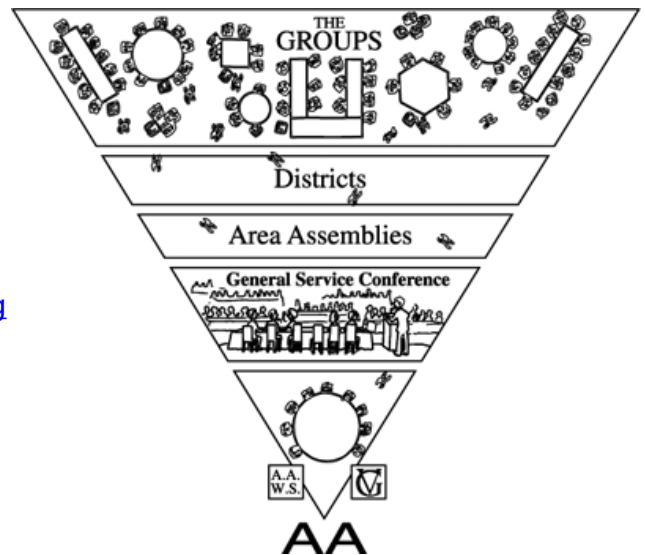
Treatment Facilities Coordinator TBD

Grapevine Open Grapevine@ncd12aa.org

Webmaster Lee W.. Webmaster@ncd12aa.org

Publications Steve C. Publications@ncd12aa.org

Registrar Kathy G. Registrar@ncd12aa.org



***** Treatment Facilities Coordinator Position Open *****

Currently Seeking Volunteers

Address to send Registration Forms to:

District 12 Registrar
206 West G St
Newton, NC 28658

Corrections Article for Volunteers

We have a urgent need for support in the area correctional facilities. At this time there are a total of 4 volunteers for the Caldwell unit, 2 for the Catawba Unit and none for the Burke Units. Actually the Burke units do not have any active meetings so that is an urgent need for some folks to get that going again.

The process for volunteering is simple. Fill out an application and mail it to the facility you want to volunteer at. It can take several months to be approved so be patient. The general guidelines are not to have any pending legal charges and be off any probation or parole supervision for 12 months. One year sober time is also suggested.

For the official NCDOC application form, email Jim F. at CFC@ncd12aa.org

or download the form: http://ncd12aa.org/DC345_1.pdf

Link to AA pamphlet http://www.aa.org/assets/en_US/f-5_CarryingtheMessagCF.pdf

What can you do if you cannot volunteer or have other issues?

- 1: Offer to speak at a correctional setting. (You can go in one time a year as a visitor.)
- 2: Volunteer to be a temporary contact upon an inmate's release and take them to their first outside A.A. meeting.
- 3: Provide the correctional facilities, with their permission, with DVDs of A.A. material.
- 4: Donate the price of a Big Book and the Twelve and Twelve to your local corrections committee, as well as back issues of the Grapevine and A.A. Conference- approved literature.
- 5: Correspond with an inmate through the Corrections Correspondence Service.
- 6: Support your district, area or intergroup/central office correctional facilities committees. Participate in correctional facilities workshops

Remember—when anyone, anywhere reaches out for help, I want the hand of A.A. always to be there—FOR THAT I AM RESPONSIBLE. They can not have a meeting without a volunteer present. One is all it takes.

If I can be of any assistance you can email me at CFC@ncd12aa.org

I can tell you I have been volunteering for the past 9 months and it has been one of the most rewarding of my AA experiences.

Jim F.