

District 12

# Unity News

April 2017

## Thoroughness

Calm, thoughtful reflection upon personal relations can deepen our insight. We can go far beyond those things which were superficially wrong with us, to see those flaws which were basic, flaws which sometimes were responsible for the whole pattern of our lives.

Thoroughness, we have found, will pay  and pay handsomely.

- 12 Steps & 12 Traditions, p. 80

## Thought to Ponder . . .

My faults do not make me faulty; they make me human.

## AA-related 'Alconym' . . .

**T H I N K** = Thank Heavens, I Now Know.

I am responsible . . .

**When anyone, anywhere, reaches out for help,  
I want the hand of A.A. always to be there.**

**And for that: I am responsible."**

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## ***FUTURE DISTRICT MEETING DATES***

<b>MAY 14th, 3:00-4:00</b>	<b>CALDWELL HOUSE, LENIOR</b>
<b>JUNE 11th, 3:00-4:00</b>	<b>HOPE VALLEY, HICKORY</b>
<b>JULY 9th, 3:00-4:00</b>	<b>QUEEN ST CLUB, MORGANTON</b>

## **Attendance Report March 2017 District Meeting**

Marty M. – Twin City Group, DCM

Debbie G. – Women Faith and Gratitude, Alt DCM

Dean K. – 5:30 Group, Treasurer

Steve C. – High Noon Group, GSR

Troy H. – Alexander Group, GSR

Bill C. – Twin City Group, Alt GSR

Joan T. – Twin City Group, LCM

Kathy G. – Twin City Group, Registrar

Eric F. – Caldwell Discussion, GSR

Rob P. - Keep It Simple, GSR

Donna M. – Forever Newcomers, GSR

Ken F. – Cookies on the Table, GSR

Tracy C. – Serenity Sisters, GSR

Kyle H. – Primary Purpose, Treatment Coordinator

Robert Y. – Into Action, Burke Co. LCM

Keith – Keep It Simple, Visitor

Chris B. – New Hope, Visitor

Wess L. – New Hope, Visitor

# Secretary Report – March 2017 District Meeting

The District 12 meeting was held at Hope Valley in Hickory. There were 15 voting members. The meeting was opened with the Serenity Prayer.

DCM – Marty read the Winter Committee Meeting Report, and handed out copies of the new service material concerning safety in the rooms. He stated that contribution envelopes were available for GSO and Area. Flyers are also available for Convention and Spring Assembly.

ALT DCM – Debbie mentioned that there seemed to be some website updates to be made (still states that Happy, Young, and Sober still active). Webmaster will be made aware.

LCM BURKE – Rob stated there were some corrections for Burke groups that are not meeting, or changed directions, and will work with registrar to correct.

LCM CATAWBA – Joan stated she continues to attend varied meetings, but there are no changes.

LCM CALDWELL – Open position.

SECRETARY – In Lory's absence, Marty read the minutes for last month; accepted.

TREASURER – Dean has made the financial report easier to understand. It was read and accepted.

CFC (CORRECTIONAL FACILITIES COORDINATOR) – Jim was absent.

CPC/PI (COOPERATION WITH PROFESSIONAL COMMUNITY/PUBLIC INFORMATION) – Keith from the Keep It Simple group volunteered to fill this position and was accepted by a vote. He will get materials needed to fulfill position.

TFC (TREATMENT FACILITIES COORDINATOR) – Kyle stated that Frey Hospital meetings are scheduled for Wednesdays and Saturdays for March. Catawba Hospital meeting is set for Fridays from 2-3, and he can bring one more person in with him now.

RHA Detox/Crisis in Lenoir will open March 27<sup>th</sup>. He will try to bring a meeting there in April.

REGISTRAR – Kathy stated that all changes were up to date.

PUBLICATIONS – Steve asked to let him know of changes to the meetings, and he will update the meeting schedule.

GRAPEVINE REP – Open position.

WEBMASTER – Lee was absent.

OLD BUSINESS – Unity Day is set for June 10<sup>th</sup>, from noon to 10 pm. The church is reserved. It was suggested that all groups provide \$25 for seed money. Times and topics for workshops were tabled for next month so GSR's can get feedback from home groups.

NEW BUSINESS – Marty suggested adding a general sharing section of the meeting for GSR's and Officers to talk about group issues, problems, changes, celebrations, etc. Suggestion accepted.

SHARING SECTION – Eric F. stated that the Caldwell Discussion Group will be handing out chip for each month of the first year of sobriety. Several GSR's were pleased with the new "safety" material published by GSO. Dean K. stated that the 5:30 Group held its first business meeting in several years; well attended.

The meeting was closed with the Lord's Prayer.

## **UPCOMING EVENTS:**

Spring 2017 Committee Meeting, May 19, Hilton North Raleigh, Raleigh, Committee Members Only.

Spring 2017 Assembly, May 20-21, Hilton North Raleigh, Raleigh, All AA Members'.

70<sup>th</sup> NC State Convention, July 13-16, Hilton North Raleigh, Raleigh, Open to Everyone.

Summer 2017 Committee Meeting, August 26-27, Sheraton Greensboro at Four Seasons, Greensboro, Committee Members Only.

Fall 2017 Committee Meeting, November 3, Hilton North Raleigh, Raleigh, Committee Members Only.

Fall 2017 Assembly, November 4-5, Hilton North Raleigh, Raleigh, All AA Members.

**District 12**  
**Treasurer's Report**  
**Monthly Trend Income Statement**  
**2017**

3/31/17  
8:38 PM

	<u>January</u>	<u>February</u>	<u>March</u>	<u>YTD TOTALS</u>
<b>Operating Cash - Beg of Period</b>	\$ 1,911.62	\$ 2,616.71	\$ 1,918.28	\$ 1,911.62
<b><u>Normal Contributions</u></b>				
5:30 Group	100.00	-	-	100.00
Alexander Group	-	20.00	-	20.00
Come Alive Group	78.46	-	-	78.46
Cookies on the Table	50.00	-	-	50.00
Forever Newcomers	120.00	-	-	120.00
High Noon	50.00	175.00	50.00	275.00
Keep it Simple	50.00	25.00	25.00	100.00
Living Sober	-	-	25.00	25.00
New Beginnings (Dissolved)	156.00	-	-	156.00
Primary Purpose	59.00	-	-	59.00
Saturday Night Speaker	40.00	-	-	40.00
Serenity Sisters	130.98	-	-	130.98
Twin City Group	-	-	184.00	184.00
Valdese Discussion Group	-	40.00	-	40.00
West Union Group	50.00	-	-	50.00
<b>Total Normal Contributions</b>	<b>884.44</b>	<b>260.00</b>	<b>284.00</b>	<b>1,428.44</b>
<b><u>Expenses</u></b>				
Answering Service	65.50	-	134.50	200.00
Bank Charges	37.76	-	-	37.76
CFC (Jim F)	-	50.00	-	50.00
Committee Travel Expenses	-	350.00	-	350.00
GSO	-	500.00	-	500.00
Literature	-	-	18.00	18.00
Publications (Lee W)	76.09	58.43	-	134.52
<b>TOTAL EXPENSES</b>	<b>179.35</b>	<b>958.43</b>	<b>152.50</b>	<b>1,290.28</b>
<b>Operating Cash - End of Period</b>	<b>\$ 2,616.71</b>	<b>\$ 1,918.28</b>	<b>\$ 2,049.78</b>	<b>\$ 2,049.78</b>
<b><u>Special Events Activity</u></b>				
Contributions	170.00	-	25.00	195.00
Expenses (FUMC)	-	(300.00)	-	(300.00)
<b>Balance for Special Events</b>	<b>\$ 170.00</b>	<b>\$ (130.00)</b>	<b>\$ (105.00)</b>	<b>\$ (105.00)</b>
<b>TOTAL CASH</b>	<b>\$ 2,786.71</b>	<b>\$ 1,788.28</b>	<b>\$ 1,944.78</b>	<b>\$ 1,944.78</b>

**NOTE:** The District Committee has determined that \$1,200 of the Operating Cash, also included in TOTAL CASH above, should be maintained as a Prudent Reserve.

## Addresses for Donations

**DISTRICT 12:** Dean Koenig

4006 N. Center St., Apt #300, Hickory, NC 28601

**AREA 51: NCGSC** - Treasurer, PO Box 1181 Burlington, NC 27216

**GENERAL SERVICE OFFICE:**

A.A. World Services, Inc., P.O. Box 459, New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NAME ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

GROUP SERVICE No. \_\_\_\_\_

DATE: \_\_\_\_\_

DELEGATE AREA No. \_\_\_\_\_

DISTRICT No. \_\_\_\_\_

No. OF MEMBERS: \_\_\_\_\_

**OLD INFORMATION**

GROUP NAME: \_\_\_\_\_

Group Meeting Location: \_\_\_\_\_

Street: \_\_\_\_\_

City/Town: \_\_\_\_\_

State/Province: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Telephone: \_\_\_\_\_

**MEETING DAY**

MON  | TUES  | WED  | THUR  | FRI  | SAT  | SUN

**MEETING TIMES**

\_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_

**GENERAL SERVICE REPRESENTATIVE (G.S.R.)**

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City/Town: \_\_\_\_\_

State/Province: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Telephone : \_\_\_\_\_

E-mail: \_\_\_\_\_

ALTERNATE G.S.R.  or MAIL CONTACT  (Please check one ✓)

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City/Town: \_\_\_\_\_

State/Province: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Telephone : \_\_\_\_\_

E-mail: \_\_\_\_\_

**NEW INFORMATION**

GROUP NAME: \_\_\_\_\_

Group Meeting Location: \_\_\_\_\_

Street: \_\_\_\_\_

City/Town: \_\_\_\_\_

State/Province: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Telephone: \_\_\_\_\_

**MEETING DAY**

MON  | TUES  | WED  | THUR  | FRI  | SAT  | SUN

**MEETING TIMES**

\_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_

**GENERAL SERVICE REPRESENTATIVE (G.S.R.)**

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City/Town: \_\_\_\_\_

State/Province: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Telephone : \_\_\_\_\_

E-mail: \_\_\_\_\_

ALTERNATE G.S.R.  or MAIL CONTACT  (Please check one ✓)

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City/Town: \_\_\_\_\_

State/Province: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Telephone : \_\_\_\_\_

E-mail: \_\_\_\_\_

If the Group is to be listed in the Directory, please provide a telephone number and mailing address for the G.S.R., Alternate G.S.R., or Group contact. Listing in the Directory is for Twelfth Step referral and/or for meeting information. The G.S.R.'s (or other contact) name and telephone number will be included in the Directory with the group's name and service number.

OK TO LIST IN THE DIRECTORY?  Yes  No

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

"Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. Membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group they have no other affiliation." — Tradition Three (the long form)

"Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose — that of carrying its message to the alcoholic who still suffers." — Tradition Five (the long form)

"Unless there is approximate conformity to A.A.'s Twelve Traditions, the group... can deteriorate and die." — Twelve Steps and Twelve Traditions, page 174.

**THREE WAYS TO RETURN THIS FORM:**

Postal Mail to: A.A. World Services, Inc.  
Grand Central Station  
P.O. Box 459  
New York, NY 10163

By Fax: 212-870-3003 (Attn: Records)

E-mail: records@aa.org

## District 12 Correctional Meetings

### Caldwell County

Caldwell Correctional Center ("Hudson") (828) 726-2509

480 Pleasant Hill Road, Lenoir, NC 28645

Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group

### Catawba County

Catawba Correctional Center ("Newton") (828) 466-5521

Friday 6:30-7:30 pm

### Broughton Hospital

F1 Dining Area

1000 South Sterling Street

Morganton, NC 28655

Meets on Saturdays beginning August 1, 2015 at 2:00pm.

Note: please enter Avery Building (main entrance) for visitor's pass before entering meeting and return pass upon leaving).

## Numbers and Contact Information

AA District Website: <http://www.ncd12aa.org>

**HOTLINE NUMBER 1-877-960-4785**

**ESPAÑOL - 828-291-8465**

**LLAMAME**

DCM Marty M. [DCM@ncd12aa.org](mailto:DCM@ncd12aa.org)

Alternate\_DCM Debbie G. [altDCM@ncd12aa.org](mailto:altDCM@ncd12aa.org)

Secretary Lory D. [Secretary@ncd12aa.org](mailto:Secretary@ncd12aa.org)

Treasurer Dean K. [Treasurer@ncd12aa.org](mailto:Treasurer@ncd12aa.org)

CPC/PI Open [CPCPI@ncd12aa.org](mailto:CPCPI@ncd12aa.org)

Corrections Facility Coordinator Jim F. [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org)

Treatment Facilities Coordinator Kyle H. [Treatment@ncd12aa.org](mailto:Treatment@ncd12aa.org)

Grapevine Open [Grapevine@ncd12aa.org](mailto:Grapevine@ncd12aa.org)

Webmaster Lee W.. [Webmaster@ncd12aa.org](mailto:Webmaster@ncd12aa.org)

Publications Steve C. [Publications@ncd12aa.org](mailto:Publications@ncd12aa.org)

Registrar Kathy G. [Registrar@ncd12aa.org](mailto:Registrar@ncd12aa.org)

### Address to send Registration Forms to:

District 12 Registrar

757 S. Cline Ave.

Newton, NC 28658

# Corrections Article for Volunteers

We have a urgent need for support in the area correctional facilities. At this time there are a total of 4 volunteers for the Caldwell unit, 2 for the Catawba Unit and none for the Burke Units. Actually the Burke units do not have any active meetings so that is an urgent need for some folks to get that going again.

The process for volunteering is simple. Fill out an application and mail it to the facility you want to volunteer at. It can take several months to be approved so be patient. The general guidelines are not to have any pending legal charges and be off any probation or parole supervision for 12 months. One year sober time is also suggested.

For the official NCDOC application form, email Jim F. at [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org)

or download the form: [http://ncd12aa.org/DC345\\_1.pdf](http://ncd12aa.org/DC345_1.pdf)

Link to AA pamphlet [http://www.aa.org/assets/en\\_US/f-5\\_CarryingtheMessagCF.pdf](http://www.aa.org/assets/en_US/f-5_CarryingtheMessagCF.pdf)

What can you do if you cannot volunteer or have other issues?

- 1: Offer to speak at a correctional setting. (You can go in one time a year as a visitor.)
- 2: Volunteer to be a temporary contact upon an inmate's release and take them to their first outside A.A. meeting.
- 3: Provide the correctional facilities, with their permission, with DVDs of A.A. material.
- 4: Donate the price of a Big Book and the Twelve and Twelve to your local corrections committee, as well as back issues of the Grapevine and A.A. Conference- approved literature.
- 5: Correspond with an inmate through the Corrections Correspondence Service.
- 6: Support your district, area or intergroup/central office correctional facilities committees. Participate in correctional facilities workshops

**Remember**—when anyone, anywhere reaches out for help, I want the hand of A.A. always to be there—FOR THAT I AM RESPONSIBLE. They can not have a meeting without a volunteer present. One is all it takes.

If I can be of any assistance you can email me at [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org)

I can tell you I have been volunteering for the past 9 months and it has been one of the most rewarding of my AA experiences.

Jim F.