

District 12

Unity News

August 2016

Laughter

Once we recognize self-pity for what it is,
we can start doing something about it other than drink...

Some of the biggest belly laughs at AA meetings erupt when a member describes his or her own latest orgy of self-pity, and we listeners find ourselves looking into a fun-house mirror.

There we are -- grown men and women tangled up in the emotional diaper of an infant.

It can be a shock, but the shared laughter takes the pain out of it.

- Living Sober, pp. 57-58

Thought to Ponder . . .

Laughter is the sound of recovery.

AA-related 'Alconym' . . .

T L C = Tears, Laughter, Caring.

I am responsible . . .

When anyone, anywhere, reaches out for help,

I want the hand of A.A. always to be there.

And for that: I am responsible."

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FUTURE DISTRICT MEETING DATES

SEPTEMBER 11th, 3:00-4:00	HOPE VALLEY, HICKORY
OCTOBER 9th, 3:00-4:00	QUEEN ST CLUB, MORGANTO
NOVEMBER 13th, 3:00-4:00	CALDWELL HOUSE, LENOIR

Attendance Report July 2016 District Meeting

Name	Group	Position
Kathy G.	Twin City Group	Sec/Registrar
Donna	Forever Newcomers	Alt. GSR
Lory D.	Primary Purpose	Alt. GSR
Kyle H.	Caldwell Discussion Group	GSR
Marty M.	Twin City Group	Grapevine Rep.
Rob	Keep It Simple	GSR
Lee W.	Cookies on the Table	Pub.
Bob N.	Valdese Open Discussion	GSR
Joan T.	Twin City Group	Treas/GSR
Ken F.	Cookies on the Table	GSR
Jim F.	Lenoir Discussion	Alt. GSR
Alan C.	Living Sober	Alt. GSR
Joe M.	Freedom Group	Dist. 70
George M.	Valsese Discussion Group	DCM



Secretary Report – July 2016 District Meeting

District 12 Meeting was held @ Queen St. Club, Morganton

13 Voting Members present

Meeting opened with the Serenity Prayer

!! DISTRICT 12 NEEDS YOUR HELP !! There is several service positions open in District 12. Alt. DCM, LCM for Caldwell, LCM for Catawba, CPC-PI, Secretary, Treasurer. Webmaster.

Elections will be held in a couple of months for the next 2 year term. SUPPORT YOUR DISTRICT AND HELP KEEP IT GOING!

Secretary and Treasury Report Read and Accepted.

CFC – No Report.

LCM- No Report

Grapevine – Grapevine is now available on iPads and Ipods. Will be available in the fall on Tablets and Adroids. District 12 is in 2nd place in the region and 5th place in national on the Arbor Cards challenge.

Webmaster – Charles was not presented but website is updated. Still in need of someone to take the webmaster position. Charles must step down due to heath reasons.

TFC – No Report.

Registrar- Have updated recent changes to Home Groups with new GSR's.

UPCOMING AA EVENTS

69th State Convention, July 28-31, 2016. Hilton N. Raleigh/Midtown. Raleigh, NC

Summer 2016 Summer Committee Meeting, August 27-28, 2016. North Raleigh Hilton, Raleigh. Open to Committee Members Only.

Fall 2016 Election Assembly and Committee Meeting, November 4-6, 2016. North Raleigh Hilton, Raleigh, NC. Open to all AA members.

2016 Southeast Regional Forum, December 2-4, 2016. Orlando Marriott Lake Mary, Orlando, FL

Flyers available for the 2016 Southeast Regional Forum. Contact George M. District 12 DCM or your Home Group GSR for flyers

Treasurers Report – June 2016 District Meeting

Treasurers Report - Date 08/30/16		Amount
Balance as of 07/31/16		\$746.64
Contributions for <i>(July)</i>		\$321.74
Total after Contributions		\$1068.38
Debits for <i>(July)</i>		\$170.92
Balance as of 07/31/16		\$897.46
Balance for Alcothon		\$547.79
Group Contributions	Timeframe	Amount
Valdese Open Discussion	July	\$30.00
Cookies on the Table	July	\$50.00
Keep It Simple	July	\$25.00
Serenity Sisters	July	\$95.76
Come Alive Group	July	\$70.98
Noon Group	July	\$50.00
Total contributions		\$321.74
Debits for (Month)		Amount
Publications		\$62.92
Answering Services		\$58.00
CFC (Jim F)		\$50.00
Total debits		\$170.92
Savings Reserve		\$1200.00

Addresses for Donations

DISTRICT 12: Joan Tuner Re: District 12

714 Catawba Valley Blvd. SE Hickory NC 28602

AREA 51: NCGSC - Treasurer, PO Box 10931 Raleigh, NC 27605

GENERAL SERVICE OFFICE:

A.A. World Services, Inc., P.O. Box 459, New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NUMBER ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

District 12 Correctional Meetings

Caldwell County

Caldwell Correctional Center ("Hudson") (828) 726-2509

480 Pleasant Hill Road, Lenoir, NC 28645

Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group

Catawba County

Catawba Correctional Center ("Newton") (828) 466-5521

Friday 6:30-7:30 pm

Broughton Hospital

F1 Dining Area

1000 South Sterling Street

Morganton, NC 28655

Meets on Saturdays beginning August 1, 2015 at 2:00pm.

Note: please enter Avery Building (main entrance) for visitor's pass before entering meeting and return pass upon leaving).

Numbers and Contact Information

HOTLINE NUMBER 1-877-960-4785

DCM George M. DCM@ncd12aa.org

Alternate DCM Sandy J. altDCM@ncd12aa.org

Secretary Kathy G. Secreatry@ncd12aa.org

Treasurer Joan T. Treasurer@ncd12aa.org

CPC/PI. CPCPI@ncd12aa.org

Corrections Facility Coordinator Jim F. CFC@ncd12aa.org

Grapevine Marty M. Grapevine@ncd12aa.org

Webmaster Charles H. Webmaster@ncd12aa.org

Publications Lee W. Publications@ncd12aa.org

Registrar Kathy G. Registrar@ncd12aa.org

Address to send Registration Forms to:

District 12 Registrar

757 S. Cline Ave.

Newton, NC 28658

Corrections Article for Volunteers

We have a urgent need for support in the area correctional facilities. At this time there are a total of 4 volunteers for the Caldwell unit, 2 for the Catawba Unit and none for the Burke Units. Actually the Burke units do not have any active meetings so that is an urgent need for some folks to get that going again.

The process for volunteering is simple. Fill out an application and mail it to the facility you want to volunteer at. It can take several months to be approved so be patient. The general guidelines are not to have any pending legal charges and be off any probation or parole supervision for 12 months. One year sober time is also suggested.

For the official NCDOC application form, email Jim F. at CFC@ncd12aa.org

or download the form: http://ncd12aa.org/DC345_1.pdf

Link to AA pamphlet http://www.aa.org/assets/en_US/f-5_CarryingtheMessagCF.pdf

What can you do if you cannot volunteer or have other issues?

- 1: Offer to speak at a correctional setting. (You can go in one time a year as a visitor.)
- 2: Volunteer to be a temporary contact upon an inmate's release and take them to their first outside A.A. meeting.
- 3: Provide the correctional facilities, with their permission, with DVDs of A.A. material.
- 4: Donate the price of a Big Book and the Twelve and Twelve to your local corrections committee, as well as back issues of the Grapevine and A.A. Conference- approved literature.
- 5: Correspond with an inmate through the Corrections Correspondence Service.
- 6: Support your district, area or intergroup/central office correctional facilities committees. Participate in correctional facilities workshops

Remember—when anyone, anywhere reaches out for help, I want the hand of A.A. always to be there—FOR THAT I AM RESPONSIBLE. They can not have a meeting without a volunteer present. One is all it takes.

If I can be of any assistance you can email me at CFC@ncd12aa.org

I can tell you I have been volunteering for the past 9 months and it has been one of the most rewarding of my AA experiences.

Jim F.