



District 12

Unity News

February 2015

Responsibility

To my chagrin, I've learned the hard way that I am responsible for slipping into mental and emotional depressions. . .

My depressions are mostly brought on by frustration, fear of the future, rage at my lot in life, but above all fear.

AA has taught me that I will not be asked to bear more than I can, regardless of what I think

but that I am responsible for reporting for duty and making the effort to overcome the adversity,

and in so doing to overcome myself, which is my first responsibility.

- The Best of the Grapevine [Vol. 1], p. 56

Thought to Ponder . . .

The only time I get depressed is when I'm thinking about myself.

AA-related 'Alconym' . . .

F E A R = Frustration, Ego, Anger, Resentment.

AA Thought for the Day

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FUTURE DISTRICT MEETING DATES

MARCH 8th, 2015 3:00-4:00	HOPE VALLEY, HICKORY
APRIL 12th, 2015 3:00-4:00	QUEEN ST CLUB, MORGANTON
MAY, 2015 3:00-4:00	CALDWELL HOUSE, LENOIR

Attendance at January 2015 District Meeting

Name	Group	Position
Kathy G.	Twin City Group	Sec/Registrar
Matt K.	Startown	
Joan T.	Twin City Group	Treas/GSR
Bob N.	Valdese Open Disc. Group	GSR
Teresa S.		Visitor
Brent S.	Forever Newcomers	GSR
George M.	Valdese Group	DCM
Lee W.	Cookies on the Table	Pub/GSR
Sandy J.	Keep It Simple	GSR
Charles H.	Forever Newcomers	Webmaster
Katrina A.	Ladies of Light	GSR
Patty P.	Serenity Sisters	GSR
Rob B.	10pm Hickory	CPC/PI
Michael B.	Gimme Shelter	LCM/Burke
James W.	Into Action	Alt DCM/GSR
Troy C.	Collettesville Mountaineer	Visitor
Jaime Z.	High Noon	Alt. GSR
Kim E.	High Noon	GSR



Secretary Report – January 2015 District Meeting

District 12 Meeting was held @ Queen St. Club, Morganton

13 Voting Members present

Still have open positions in District 12 as Trusted Servants: Secretary, Treasurer, LCM Catawba County, and Corrections Facility Coordinator.

There are a few groups in Burke County and Caldwell County that need support.

Rob B. volunteered and was voted in as District 12 CPC-PI. Thank you for your service.

Marty, Grapevine Coordinator making announcements at meetings to support the Grapevine.

The Unity News for this month was in error, has been corrected on website.

When changes accrue within your Home Group, please remember to notify District 12 Registrar.

OLD BUSINESS: George M. and Brent S. will be gathering information concerning District 12 HotLine.

AA EVENTS

Winter 2015 Committee Meeting, Hilton North Raleigh/Midtown, Raleigh, NC Feb. 28 – Mar 1. (open to Committee Members)

2015 Eastern Pre-Conference March 7, 2015. Location TBA, Jacksonville, FL (Open to all AA members)

AA Area 51 Corrections Conference March 13 – 15, 2015. Hampton Inn & Suites Aberdeen, NC

Area 51 Spring Committee & Assembly Meeting, Hilton North Raleigh/Midtown, Raleigh, NC. May 15 -17, 2015. Deadline for Reservations, Thursday, April 16, 2015.

2015 International Convention of AA. July 2-5, 2015. Atlanta, GA. Theme for convention is "80 Years – Happy, Joyous and Free". All members and guest from around the world will celebrate AA's 80th Year at this event with big meetings held Friday night, Saturday night and Sunday morning at the Georgia Dome. Further information posted on AA's website.

SSAASA (Southern States Alcoholics Anonymous Service Assembly), Pullman Plaza Hotel, Huntington, WV. November 13 – 15, 2015

Happy, Young & Sober !!

It is with pleasure to announce Hickory's first ever late night meeting - Young Peoples Group! Join us at St. Alban's Episcopal Church;

130 39th Ave PI NW,

Hickory, NC 28601;

2nd floor of the Annex (building with the barn shaped roof)

Format: Closed Lead-in Discussion

Treasurers Report – January 2015 District Meeting

Treasurers Report - Date 02/02/2015		Amount
Balance as of (12/30/14)		\$1167.25
Contributions for January		\$556.42
Total after Contributions		\$1723.67
Debits for January		\$299.64
Balance as of 02/02/15		\$1424.03
Group Contributions	Timeframe	Amount
Basic Study Group	(Jan)	\$81.00
West Union Flynn Home	(Jan)	\$25.00
Valdese Group	(Jan)	\$25.00
Sun. Morning Meeting Group	(Jan)	\$25.00
Ladies of Light	(Jan)	\$20.00
Twin City Group	(Jan)	\$182.00
Primary Purpose Group	(Jan)	\$48.00
Hickory Sat. Night Group	(Jan)	\$70.00
Alcothon (after supplies)	(Jan)	\$80.42
Total contributions		\$556.42
Debits for (Month)		Amount
AT&T		\$80.00
Helpline operator (Desi)		\$100.00
Publications (Lee)		\$47.76
Website (Charles)		\$71.88
Total debits		\$299.64

Addresses for Donations

DISTRICT 12:

1006 Morehead St. Claremont N.C. 28610

AREA 51:

NCGSC - Treasurer PO Box 459 Aberdeen, NC 28315

GENERAL SERVICE OFFICE:

A.A. World Services, Inc., P.O. Box 459, New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NUMBER ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

Address to send Registration Forms to:

District 12 Registrar
211 West G. Street
Newton, NC 28658

District 12 Correctional Meetings

Burke County

Foothills Correctional "Institution" (rather than "Institute") ("bigfoot" and "littlefoot") (828) 438-5585

5150 Western Avenue, Morganton, NC 28655

Tuesday 7:30-9:00 pm (min. custody-"littlefoot")-Foothills Acceptance Group

Thursday 6:30-8:00 pm (max/med. custody-"bigfoot")

("high rise") (828) 438-6037

5155 Western Avenue, Morganton, NC 28655

Caldwell County

Caldwell Correctional Center ("Hudson") (828) 726-2509

480 Pleasant Hill Road, Lenoir, NC 28645

Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group

Catawba County

Catawba Correctional Center ("Newton") (828) 466-5521

Friday 6:30-7:30 pm

Broughton Hospital

F1 Dining Area

1000 South Sterling Street

Morganton, NC 28655

Note: please enter Avery Building (main entrance) for visitor's pass before entering meeting and return pass upon leaving).

Numbers and Contact Information

BURKE COUNTY: 828-433-4440

CATAWBA AND CALDWELL COUNTY: 1-888-671-1262

DCM GEORGE M. DCM@ncd12aa.org

Secretary Kim Secreatry@ncd12aa.org

Treasurer Joan T. Treasurer@ncd12aa.org

CPC/PI Rob B. CPCPI@ncd12aa.org

Grapevine Marty Grapevine@ncd12aa.org

Webmaster Charles H. Webmaster@ncd12aa.org

Publications Lee W. Publications@ncd12aa.org

Registrar Kathy G. Registrar@ncd12aa.org