

District 12

# Unity News

February 2015

## Anger

**If we were to live, we had to be free of anger.  
The grouch and the sudden rage were not for us.**

**Anger is the dubious luxury of normal men,  
but for us alcoholics it is poison.**

**- As Bill Sees It, p. 5**

## Thought to Ponder . . .

**Anger is the wind that blows out the light of reason.**

## AA-related 'Alconym' . . .

**A A = Avoid Anger.**

(courtesy AA-Alive.net)

## I am responsible . . .

**When anyone, anywhere, reaches out for help,  
I want the hand of A.A. always to be there.**

**And for that: I am responsible."**

## ***Inside this issue:***

<b>Future District Meetings</b>	2
<b>District Meeting Attendance</b>	2
<b>Secretary Report</b>	3
<b>Numbers &amp; Contact Information</b>	3
<b>Treasurer's Report /Donations</b>	4
<b>District 12 Correctional Meetings</b>	5
<b>Corrections Article</b>	6

# ***FUTURE DISTRICT MEETING DATES***

<b>MARCH 13th, 3:00-4:00</b>	<b>HOPE VALLEY, HICKORY</b>
<b>APRIL 10th, 3:00-4:00</b>	<b>QUEEN ST CLUB, MORGANTON</b>
<b>MAY 8th, 3:00-4:00</b>	<b>CALDWELL HOUSE, LENOIR</b>

## **Attendance at January 2016 District Meeting**

<b>Name</b>	<b>Group</b>	<b>Position</b>
Kathy G.	Twin City Group	Sec/Registrar
George M.	Valdese Weds.	DCM
Max S.	Lenoir Discussion	GSR
Marty M.	Twin City Group	Grapevine Rep.
Jonathan T.		Visitor
Jim F.	Lenoir Discussion	CFC
Alan C.	Living Sober	Alt. GSR
Tess B.	Living Sober	GSR
Rob Y.	Wednesday Valdese	Visitor
Charles H.	Forever Newcomers	Webmaster
Liz M.	Brown Bag Bunch	GSR
Joan T.	Twin City Group	Treasurer
Sandy J.	Keep It Simple	GSR/Alt. DCM
Susan A.	Womens Faith & Gratitude	GSR
Sam G.	Primary Purpose Group	Visitor
Lee W.	Cookies on the Table	GSR/Publications



# Secretary Report – January 2016 District Meeting

District 12 Meeting was held @ Queen St. Club, Morganton

12 Voting Members present

**DISTRICT 12 NEEDS YOUR SUPPORT!!!!!! OPEN POSITIONS IN DISTRICT 12; Local Committee Member (LCM) Catawba, Burke, and Caldwell Counties, Secretary, Cooperation with the Professional Committee and Public Information (CPC-PI). This is a great way to do service work! Let's Get Involved!!**

Alcathon was a great success! A special thanks to Primary Purpose for Hosting and doing a great job! And thank you to all for attending and helping to make New Years a sober one!

George M., District 12 DCM, will be attending the Winter Committee Meeting in March 2016.

Sandy J., Alt. DCM, provided flyers for the Area 51 Western Pre-Conference. Will be held in Waynesville, NC on April 2 from 12:00pm to 4:00pm. Lunch provided. Welcome to all AA Members. This is an exciting opportunity to get involved in the General Service Conference (GSC) process by discussing specific agenda items and providing feedback to our Area Delegate prior to the GSC in NYC.

Secretary and Treasury Report read and accepted.

Jim F., Corrections Facility Coordinator (CFC), coordinating new meeting at Burke Co. Corrections. Have a few volunteers but need more people willing to help with meetings in Facilities. Link to Application for Volunteers on District 12 Website.

Kathy G, Registrar, Have sent information for recent changes and new Groups to Area 51 Registrar. Anyone with any changes to your Home group, please contact District 12 Registrar.

Marty M., Grapevine Rep. District 12 came in 24<sup>th</sup> place in the New Subscription Contest. We had a 24.62% increase with 425 New Subscriptions. Great Job! Keep supporting Grapevine. Also check out Grapevine online, you can read any story ever published in Grapevine. Grapevine also working on an app. for Grapevine.

Unity Day is around the corner! Dates for Unity Day will be June 4<sup>th</sup> or June 18<sup>th</sup>. Need groups to volunteer to do workshops and such. Also will need group to Host Event. Let's plan now and may this event a great one!

## **GROUPS NEEDING SUPPORT**

Hickory Tues. Night Group, Episcopal Church of Ascension, Hickory 8pm.

Weds. Night at 8:00pm Collettsville Mountaineer Group in Collettsville.

## **NEW GROUPS**

Mid Week Movers, Weds, 12:30pm – 1:30pm RHA Behavioral Health, 2415 Morganton Blvd. SW, Lenior Open Discussion Meeting.

Renacer En Hickory, St. Aloysious Catholic Church, 291 Second St. NE, Hickory (Hwy. 127). Saturday Night, 8pm.

## **UPCOMING AA EVENTS**

Area 51 Western Pre-Conference, Sat. April 2, Noon to 4pm. Long's Chapel United Methodist Church, 175 Old Clyde Highway, Waynesville, NC 28785

Area 51 Spring Assembly, North Raleigh Hilton, Raleigh. Deadline for Reservations, May 19, 2016

69<sup>th</sup> State Convention, July 28-31, 2016. Hilton N. Raleigh/Midtown. Raleigh

# Treasurers Report – January 2016 District Meeting

<b>Treasurers Report - Date 01/31/16</b>		<b>Amount</b>
Balance as of 12/31/15		\$813.26
Contributions for <i>(January)</i>		\$506.00
Total after Contributions		\$1319.26
Debits for <i>(January)</i>		\$542.35
Balance as of 01/29/16		<b>\$776.91</b>
Balance from Alcothon		<b>\$547.79</b>
<b>Group Contributions</b>	<b>Timeframe</b>	<b>Amount</b>
High Noon	January	\$50.00
Gimme Shelter Group	January	\$50.00
Alcothon Donations	January	\$125.40
5:30 Group	January	\$41.00
Alexander Group	January	\$10.00
Woman's Gratitude Group	January	\$220.00
Keep It Simple	January	\$25.00
Basic Study Group	January	\$50.00
Primary Purpose Group	January	\$60.00
Total contributions		<b>\$631.40</b>
<b>Debits for (Month)</b>		<b>Amount</b>
Answering Service		\$61.50
Publications (Lee Warren)		\$72.76
CFC (Jim Farthing)		\$25.00
Go-daddy (Charles Hogan)		\$83.09
FUMC		\$300.00
Total debits		<b>\$542.35</b>
Savings Reserve		<b>\$1200.00</b>

## Addresses for Donations

### DISTRICT 12:

1006 Morehead St. Claremont N.C. 28610

### AREA 51:

**NCGSC** - Treasurer, PO Box 10931 Raleigh, NC 27605

### GENERAL SERVICE OFFICE:

A.A. World Services, Inc., P.O. Box 459, New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NUMBER ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

## **District 12 Correctional Meetings**

### **Caldwell County**

Caldwell Correctional Center ("Hudson") (828) 726-2509

480 Pleasant Hill Road, Lenoir, NC 28645

Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group

### **Catawba County**

Catawba Correctional Center ("Newton") (828) 466-5521

Friday 6:30-7:30 pm

### **Broughton Hospital**

F1 Dining Area

1000 South Sterling Street

Morganton, NC 28655

Meets on Saturdays beginning August 1, 2015 at 2:00pm.

Note: please enter Avery Building (main entrance) for visitor's pass before entering meeting and return pass upon leaving).

## **Numbers and Contact Information**

### **HOTLINE NUMBER 1-877-960-4785**

DCM George M. [DCM@ncd12aa.org](mailto:DCM@ncd12aa.org)

Alternate DCM Sandy J. [altDCM@ncd12aa.org](mailto:altDCM@ncd12aa.org)

Secretary Kathy G. [Secreatry@ncd12aa.org](mailto:Secreatry@ncd12aa.org)

Treasurer Joan T. [Treasurer@ncd12aa.org](mailto:Treasurer@ncd12aa.org)

CPC/PI. [CPCPI@ncd12aa.org](mailto:CPCPI@ncd12aa.org)

Corrections Facility Coordinator Jim F. [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org)

Grapevine Marty M. [Grapevine@ncd12aa.org](mailto:Grapevine@ncd12aa.org)

Webmaster Charles H. [Webmaster@ncd12aa.org](mailto:Webmaster@ncd12aa.org)

Publications Lee W. [Publications@ncd12aa.org](mailto:Publications@ncd12aa.org)

Registrar Kathy G. [Registrar@ncd12aa.org](mailto:Registrar@ncd12aa.org)

### **Address to send Registration Forms to:**

District 12 Registrar

757 S. Cline Ave.

Newton, NC 28658

# Corrections Article for Volunteers

We have a urgent need for support in the area correctional facilities. At this time there are a total of 4 volunteers for the Caldwell unit, 2 for the Catawba Unit and none for the Burke Units. Actually the Burke units do not have any active meetings so that is an urgent need for some folks to get that going again.

The process for volunteering is simple. Fill out an application and mail it to the facility you want to volunteer at. It can take several months to be approved so be patient. The general guidelines are not to have any pending legal charges and be off any probation or parole supervision for 12 months. One year sober time is also suggested.

For the official NCDOC application form, email Jim F. at [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org)

or download the form: [http://ncd12aa.org/DC345\\_1.pdf](http://ncd12aa.org/DC345_1.pdf)

Link to AA pamphlet [http://www.aa.org/assets/en\\_US/f-5\\_CarryingtheMessagCF.pdf](http://www.aa.org/assets/en_US/f-5_CarryingtheMessagCF.pdf)

What can you do if you cannot volunteer or have other issues?

- 1: Offer to speak at a correctional setting. (You can go in one time a year as a visitor.)
- 2: Volunteer to be a temporary contact upon an inmate's release and take them to their first outside A.A. meeting.
- 3: Provide the correctional facilities, with their permission, with DVDs of A.A. material.
- 4: Donate the price of a Big Book and the Twelve and Twelve to your local corrections committee, as well as back issues of the Grapevine and A.A. Conference- approved literature.
- 5: Correspond with an inmate through the Corrections Correspondence Service.
- 6: Support your district, area or intergroup/central office correctional facilities committees. Participate in correctional facilities workshops

**Remember**—when anyone, anywhere reaches out for help, I want the hand of A.A. always to be there—FOR THAT I AM RESPONSIBLE. They can not have a meeting without a volunteer present. One is all it takes.

If I can be of any assistance you can email me at [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org)

I can tell you I have been volunteering for the past 9 months and it has been one of the most rewarding of my AA experiences.

Jim F.