

District 12

# Unity News

March 2016

## Resentments

**Selfishness -- self-centeredness! That, we think, is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate. Sometimes they hurt us, seemingly without provocation, but we invariably find that in some time in the past we have made decisions based on self which later placed us in a position to be hurt.**

**So our troubles, we think, are basically of our own making.  
- Alcoholics Anonymous, p. 62**

## Thought to Ponder . . .

**Resentment is like acid, eating away at the vessel it is stored in.**

## AA-related 'Alconym' . . .

**S W A T = Surrender, Willingness, Action, Trust.**

## I am responsible . . .

**When anyone, anywhere, reaches out for help,  
I want the hand of A.A. always to be there.  
And for that: I am responsible."**

## *Inside this issue:*

<b>Future District Meetings</b>	2
<b>District Meeting Attendance</b>	2
<b>Secretary Report</b>	3
<b>Numbers &amp; Contact Information</b>	3
<b>Treasurer's Report /Donations</b>	4
<b>District 12 Correctional Meetings</b>	5
<b>Corrections Article</b>	6

# ***FUTURE DISTRICT MEETING DATES***

<b>APRIL 10th, 3:00-4:00</b>	<b>QUEEN ST CLUB, MORGANTON</b>
<b>MAY 8th, 3:00-4:00</b>	<b>CALDWELL HOUSE, LENOIR</b>
<b>JUNE 12th, 3:00-4:00</b>	<b>HOPE VALLEY, HICKORY</b>

## **Attendance at January 2016 District Meeting**

<b>Name</b>	<b>Group</b>	<b>Position</b>
Joan T.	Twin City Group	GSR/Treasurer
Willie L.	High Noon	Alt. GSR
Sandy J.	Keep It Simple	GSR/Alt. DCM
Patty P.	Serenity Sisters	GSR
Max S.	Lenoir Discussion	GSR
George M.	Valdese Discussion	DCM
Kyle H.	Caldwell Discussion	GSR
Marty M.	Twin City Group	Grapevine Rep.
Lory D.	Primary Purpose	GSR
Art W.	Mid Week Movers	GSR
Jim F.	Lenoir Discussion	CFC
Art C. W.	Burke CRV Center	Member
Alan C.	Living Sober	Alt. GSR
Tess B.	Living Sober	GSR



# Secretary Report – February 2016 District Meeting

District 12 Meeting was held @ Caldwell House, Lenoir

12 Voting Members present

**DISTRICT 12 NEEDS YOUR SUPPORT!!!!!! OPEN POSITIONS IN DISTRICT 12; Local Committee Member (LCM) Catawba, Burke, and Caldwell Counties, Secretary, Cooperation with the Professional Committee and Public Information (CPC-PI). This is a great way to do service work! Let's Get Involved!!**

DCM will be attending the Winter Committee meeting being held March 5-6 North Raleigh Hilton, Raleigh, NC.

CFC- A Group is to start at CRV Center Burke Co., Thurs evenings.

Unity Day will be held June 4, 2016, from 2pm to 10pm. First Methodist Church, Hickory.

Marty M. Grapevine Rep. would like to have a Grapevine Workshop for Unity Day.

Because of the great support from the Home Groups, District 12 has: \$1200 in Prudence Reserve, \$547.79 towards Unity day and a balance of around \$776.00. Suggestions are being asked from Home Groups on how to spend the balance of the monies. District 12 is also not suggesting Seed Money for this year's Unity Day. Thank you again for your Support!

## **GROUPS NEEDING SUPPORT**

Hickory Tues. Night Group, Episcopal Church of Ascension, Hickory 8pm.

Weds. Night at 8:00pm Collettsville Mountaineer Group in Collettsville.

## **UPCOMING AA EVENTS**

2016 Winter Committee Meeting. March 5-6, 2016. North Raleigh Hilton, Raleigh, NC.

Area 51 Western Pre-Conference, Sat. April 2, Noon to 4pm. Long's Chapel United Methodist Church, 175 Old Clyde Highway, Waynesville, NC 28785

Area 51 Spring Assembly, North Raleigh Hilton, Raleigh. June 10-12, North Raleigh Hilton, Raleigh, NC. Deadline for Reservations, May 19, 2016

69<sup>th</sup> State Convention, July 28-31, 2016. Hilton N. Raleigh/Midtown. Raleigh, NC

# Treasurers Report – February 2016 District Meeting

<b>Treasurers Report - Date 02/29/16</b>		<b>Amount</b>
Balance as of 02/31/16 ( <i>previous balance</i> )		\$776.91
Contributions for ( <i>February</i> )		\$331.00
Total after Contributions		\$1107.91
Debits for ( <i>February</i> )		\$503.48
Balance as of 02/29/16		<b>\$604.43</b>
Balance for Unity Day		<b>\$547.79</b>
<b>Group Contributions</b>	<b>Timeframe</b>	<b>Amount</b>
Sat. Night Group	February	\$50.00
Twin City Group	February	\$16.00
Forever New Comers	February	\$120.00
Keep It Simple	February	\$25.00
Cookies On the Table	February	\$30.00
High Noon Group	February	\$50.00
Basic Study Group	February	\$40.00
Total contributions		<b>\$331.00</b>
<b>Debits for (Month)</b>		<b>Amount</b>
Answering Service		\$60.00
Publications (Lee Warren)		\$68.48
Committee Meeting (George		\$350.00
CFC (Jim Farling)		\$25.00
Total debits		<b>\$503.48</b>
Savings Reserve		<b>\$1200.00</b>

## Addresses for Donations

### **DISTRICT 12:**

1006 Morehead St. Claremont N.C. 28610

### **AREA 51:**

**NCGSC** - Treasurer, PO Box 10931 Raleigh, NC 27605

### **GENERAL SERVICE OFFICE:**

A.A. World Services, Inc., P.O. Box 459, New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NUMBER ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

## **District 12 Correctional Meetings**

### **Caldwell County**

Caldwell Correctional Center ("Hudson") (828) 726-2509

480 Pleasant Hill Road, Lenoir, NC 28645

Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group

### **Catawba County**

Catawba Correctional Center ("Newton") (828) 466-5521

Friday 6:30-7:30 pm

### **Broughton Hospital**

F1 Dining Area

1000 South Sterling Street

Morganton, NC 28655

Meets on Saturdays beginning August 1, 2015 at 2:00pm.

Note: please enter Avery Building (main entrance) for visitor's pass before entering meeting and return pass upon leaving).

## **Numbers and Contact Information**

### **HOTLINE NUMBER 1-877-960-4785**

DCM George M. [DCM@ncd12aa.org](mailto:DCM@ncd12aa.org)

Alternate DCM Sandy J. [altDCM@ncd12aa.org](mailto:altDCM@ncd12aa.org)

Secretary Kathy G. [Secreatry@ncd12aa.org](mailto:Secreatry@ncd12aa.org)

Treasurer Joan T. [Treasurer@ncd12aa.org](mailto:Treasurer@ncd12aa.org)

CPC/PI. [CPCPI@ncd12aa.org](mailto:CPCPI@ncd12aa.org)

Corrections Facility Coordinator Jim F. [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org)

Grapevine Marty M. [Grapevine@ncd12aa.org](mailto:Grapevine@ncd12aa.org)

Webmaster Charles H. [Webmaster@ncd12aa.org](mailto:Webmaster@ncd12aa.org)

Publications Lee W. [Publications@ncd12aa.org](mailto:Publications@ncd12aa.org)

Registrar Kathy G. [Registrar@ncd12aa.org](mailto:Registrar@ncd12aa.org)

### **Address to send Registration Forms to:**

District 12 Registrar

757 S. Cline Ave.

Newton, NC 28658

# Corrections Article for Volunteers

We have a urgent need for support in the area correctional facilities. At this time there are a total of 4 volunteers for the Caldwell unit, 2 for the Catawba Unit and none for the Burke Units. Actually the Burke units do not have any active meetings so that is an urgent need for some folks to get that going again.

The process for volunteering is simple. Fill out an application and mail it to the facility you want to volunteer at. It can take several months to be approved so be patient. The general guidelines are not to have any pending legal charges and be off any probation or parole supervision for 12 months. One year sober time is also suggested.

For the official NCDOC application form, email Jim F. at [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org)

or download the form: [http://ncd12aa.org/DC345\\_1.pdf](http://ncd12aa.org/DC345_1.pdf)

Link to AA pamphlet [http://www.aa.org/assets/en\\_US/f-5\\_CarryingtheMessagCF.pdf](http://www.aa.org/assets/en_US/f-5_CarryingtheMessagCF.pdf)

What can you do if you cannot volunteer or have other issues?

- 1: Offer to speak at a correctional setting. (You can go in one time a year as a visitor.)
- 2: Volunteer to be a temporary contact upon an inmate's release and take them to their first outside A.A. meeting.
- 3: Provide the correctional facilities, with their permission, with DVDs of A.A. material.
- 4: Donate the price of a Big Book and the Twelve and Twelve to your local corrections committee, as well as back issues of the Grapevine and A.A. Conference- approved literature.
- 5: Correspond with an inmate through the Corrections Correspondence Service.
- 6: Support your district, area or intergroup/central office correctional facilities committees. Participate in correctional facilities workshops

**Remember**—when anyone, anywhere reaches out for help, I want the hand of A.A. always to be there—FOR THAT I AM RESPONSIBLE. They can not have a meeting without a volunteer present. One is all it takes.

If I can be of any assistance you can email me at [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org)

I can tell you I have been volunteering for the past 9 months and it has been one of the most rewarding of my AA experiences.

Jim F.