

District 12

Unity News

November 2016

Expectations

I am not a victim of others, but rather a victim of my expectations, choices and dishonesty.

When I expect others to be what I want them to be and not who they are, when they fail to meet my expectations, I am hurt.

When my choices are based on self-centeredness, I find I am lonely and distrustful.

I gain confidence in myself, however, when I practice honesty in all my affairs.

- Daily Reflections, p. 183

Thought to Ponder . . .

Remove the worry from your mind. Remove the anger from your heart.

Give a lot. Expect little. Keep it simple.

AA-related 'Alconym' . . .

K I S S = Keep It Serenely Simple.

(courtesy AA-Alive.net)

I am responsible . . .

When anyone, anywhere, reaches out for help,

I want the hand of A.A. always to be there.

And for that: I am responsible."

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FUTURE DISTRICT MEETING DATES

DECEMBER 11th, 3:00-4:00	HOPE VALLEY, HICKORY
JANUARY 8th, 3:00-4:00	TBD
FEBRUARY 8th, 3:00-4:00	CALDWELL HOUSE, LENOIR

Attendance Report October 2016 District Meeting

Name	Group	Position
Kathy G.	Twin City Group	Sec/Reg./Alt. GSR
Joan T.	Twin City Group	GSR/District Treas.
Jim F.	Lenoir Discussion	GSR
Steve C.	High Noon Group	GSR
Ken F.	Cookies on the Table	GSR
Marty M	Twin City Group	Alt. DCM
Rob P.	Keep it Simple	GSR
Dean K.	5:30 Group	GSR
Lory D.	Primary Purpose	Alt. GSR
Ariel F.	Un Nuevo Dia	Alt. GSR
Lee W.	Cookies on the Table	Publication



Secretary Report – October 2016 District Meeting

District 12 Meeting was held @ Queen St. Club (Parking Lot)

10 Voting Members present

Meeting opened with the Serenity Prayer

Due to no entry for the last two meetings that were scheduled at the Queen St. Club in Morganton, the District 12 meetings will be held at Hope Valley in Hickory and Caldwell House in Lenoir only, until further notice.

Elections will be held in November for the next 2 year term. **SUPPORT YOUR DISTRICT AND HELP KEEP IT GOING! ALL POSITIONS WILL BE OPEN.** District 12 is in a critical position and needs qualified AA members to help keep this District running! Please step up and help support your District. Without your help, we will not have a voice.

Secretary and Treasury Report Read and Accepted.

Grapevine – No new information. Remember New Book out, 12 Traditions, (stories from aa members on their experiences with the 12 traditions.)

CFC- Still looking for aa members to take meetings into prisons. If interested, instructions on how to volunteer on back of Unity News. You can also be taken into prison one time, one person to try it out. Contact Jim F. for more information.

Webmaster- It was voted and accepted to go with Go Daddy for future web page.

Time slots will be drawn out of the hat for the Alcothon at the November District Meeting.

New Business – The Spanish hotline is receiving a lot of calls for help in the Morganton area. They need Spanish speaking persons in the Morganton, Caldwell area willing to take calls for help. Contact Spanish hotline to assist another alcoholic.

UPCOMING AA EVENTS

Fall 2016 Election Assembly and Committee Meeting, November 4-6, 2016. North Raleigh Hilton, Raleigh, NC. Open to all AA members. Deadline for Reservations: October 6th.

2016 Southeast Regional Forum, December 2-4, 2016. Orlando Marriott Lake Mary, Orlando, FL

Treasurers Report – October 2016 District Meeting

Treasurers Report - Date 10-31-16		Amount
Balance as of 9-30-2016		\$1230.74
Contributions for (<i>October</i>)		\$240.00
Total after Contributions		\$1470.74
Debits for (<i>October</i>)		\$523.78
Balance as of 10-31-2016		\$946.96
Balance for Alcothon		\$80.85
Group Contributions	Timeframe	Amount
Saturday Night Group	October	\$40.00
5:30 Group	October	\$30.00
High Noon	October	\$100.00
Cookies on the Table	October	\$50.00
Alexander Group	October	\$20.00
Forever Newcomer Group	October/Seed	\$25.00
Lenoir Discussion Group	October/Seed	\$25.00
Keep It Simple	October/Seed	\$25.00
Total contributions		\$315.00
Debits for October		Amount
Publications (Lee W)		\$63.78
Answering Service		\$60.00
Church for Alcothon		\$300.00
CFC (Jim F)		\$50.00
Committee (Marty)		\$350.00
Total debits		\$823.78
Savings Reserve		\$1200.00

Addresses for Donations

DISTRICT 12: Joan Tuner Re: District 12

714 Catawba Valley Blvd. SE Hickory NC 28602

AREA 51: NCGSC - Treasurer, PO Box 10931 Raleigh, NC 27605

GENERAL SERVICE OFFICE:

A.A. World Services, Inc., P.O. Box 459, New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NUMBER ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

District 12 Correctional Meetings

Caldwell County

Caldwell Correctional Center ("Hudson") (828) 726-2509

480 Pleasant Hill Road, Lenoir, NC 28645

Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group

Catawba County

Catawba Correctional Center ("Newton") (828) 466-5521

Friday 6:30-7:30 pm

Broughton Hospital

F1 Dining Area

1000 South Sterling Street

Morganton, NC 28655

Meets on Saturdays beginning August 1, 2015 at 2:00pm.

Note: please enter Avery Building (main entrance) for visitor's pass before entering meeting and return pass upon leaving).

Numbers and Contact Information

HOTLINE NUMBER 1-877-960-4785

DCM George M. DCM@ncd12aa.org

Alternate DCM Sandy J. altDCM@ncd12aa.org

Secretary Kathy G. Secreatry@ncd12aa.org

Treasurer Joan T. Treasurer@ncd12aa.org

CPC/PI. CPCPI@ncd12aa.org

Corrections Facility Coordinator Jim F. CFC@ncd12aa.org

Grapevine Marty M. Grapevine@ncd12aa.org

Webmaster Charles H. Webmaster@ncd12aa.org

Publications Lee W. Publications@ncd12aa.org

Registrar Kathy G. Registrar@ncd12aa.org

Address to send Registration Forms to:

District 12 Registrar

757 S. Cline Ave.

Newton, NC 28658

Corrections Article for Volunteers

We have a urgent need for support in the area correctional facilities. At this time there are a total of 4 volunteers for the Caldwell unit, 2 for the Catawba Unit and none for the Burke Units. Actually the Burke units do not have any active meetings so that is an urgent need for some folks to get that going again.

The process for volunteering is simple. Fill out an application and mail it to the facility you want to volunteer at. It can take several months to be approved so be patient. The general guidelines are not to have any pending legal charges and be off any probation or parole supervision for 12 months. One year sober time is also suggested.

For the official NCDOC application form, email Jim F. at CFC@ncd12aa.org

or download the form: http://ncd12aa.org/DC345_1.pdf

Link to AA pamphlet http://www.aa.org/assets/en_US/f-5_CarryingtheMessagCF.pdf

What can you do if you cannot volunteer or have other issues?

- 1: Offer to speak at a correctional setting. (You can go in one time a year as a visitor.)
- 2: Volunteer to be a temporary contact upon an inmate's release and take them to their first outside A.A. meeting.
- 3: Provide the correctional facilities, with their permission, with DVDs of A.A. material.
- 4: Donate the price of a Big Book and the Twelve and Twelve to your local corrections committee, as well as back issues of the Grapevine and A.A. Conference- approved literature.
- 5: Correspond with an inmate through the Corrections Correspondence Service.
- 6: Support your district, area or intergroup/central office correctional facilities committees. Participate in correctional facilities workshops

Remember—when anyone, anywhere reaches out for help, I want the hand of A.A. always to be there—FOR THAT I AM RESPONSIBLE. They can not have a meeting without a volunteer present. One is all it takes.

If I can be of any assistance you can email me at CFC@ncd12aa.org

I can tell you I have been volunteering for the past 9 months and it has been one of the most rewarding of my AA experiences.

Jim F.