

District 12

Unity News

February 2019



AA Thought for the Day

September 6, 2018

Excuses

Therefore, the main problem of the alcoholic centers in his mind, rather than in his body. If you ask him why he started on that last bender, the chances are he will offer you any one of a hundred alibis. Sometimes these excuses have a certain plausibility, but none of them really makes sense in the light of the havoc an alcoholic's drinking bout creates.

- *Alcoholics Anonymous*, p. 23

Thought to Ponder

Insanity is doing the same thing over and over; and expecting different results.

AA-related 'Alconym'

C H A O S = **C**reating **H**avoc **A**round **O**ur**S**elves

I am responsible . . .

When anyone, anywhere, reaches out for help,

I want the hand of A.A. always to be there.

And for that: I am responsible."

Inside this issue:

| | |
|--|------|
| Future District Meetings | 2 |
| District Meeting Attendance | 2 |
| Secretary Report | 3 |
| Treasurer's Report /Donations | 4/5 |
| AA Group Change Form | 6 |
| District 12 Correctional Meetings | 7 |
| Numbers & Contact Information | 7 |
| Corrections Article | 8 |
| Corrections Volunteer Application | 9/10 |

FUTURE DISTRICT MEETING DATES

| | | |
|--------------------|------------------|--------------------------------|
| MARCH 10th, | 3:00-4:00 | HOPE VALLEY HICKORY |
| | | |
| APRIL 14th, | 3:00-4:00 | QUEEN ST CLUB MORGANTON |
| | | |
| MAY 12th, | 3:00-4:00 | CALDWELL HOUSE LENOIR |

Attendance Report Jan 2019 District Meeting

Marty M. – Twin City Group, Webmaster
Lory D. – Cookies on the Table, Secretary
Dean K. – 5:30 Group, Treasurer
Andrew P. – Step Children Step Study, GSR
Sara S. – Keep It Simple, TFC
Chad R. – Keep It Simple, GSR
Bill C. – Twin City, visitor
Diana B. – High Noon, Alt. GSR
Debbie G. – Women’s Faith and Gratitude, DCM
Mary M. – Brown Bag Group, GSR
Charles B. – Valdese Wed. Night, GSR, LCM Burke
Robert R. – Granite Falls, GSR, CFC Coordinator
Annie H. – Into Action, GSR, CPC/PI
Chris B. – New Hope, GSR
Kristina K. – Into Action, visitor
Jim C. – Forever Newcomers, GSR
Lulu P. – Young at Heart, GSR
Steve P. – A Way Out, LCM Caldwell
Travis C. – Cookies on the Table, GSR
Phillip A. – Into Action, Alt. GSR
Diane P. – Ladies of Light, GSR
Johnathan B. – A Way Out, GSR
Donna Z. – Come Alive Group, GSR, Alt. DCM
Kim T. – Twin City, visitor
Dean A. – Brown Bag, visitor
Buzz G. – Granite Falls, Alt. GSR

Secretary Report – Jan 2019 District Meeting

The District 12 meeting was held at the Queen Street in Morganton. There were 17 voting members. The meeting was opened with the Serenity Prayer.

SECRETARY – Lory read last month's minutes, which were accepted.

TREASURER – Dean reviewed the treasurer's report, which was accepted

DCM – Debbie reviewed the upcoming Winter Committee Meeting which she will attend. They will be reviewing the redistricting plan which failed but was of some interest to those who need redistricting in their areas. She also reported that there were 5 calls to the hotline. She brought flyers for the Freedom from Bondage and Western Pre-Conferences and spoke of the upcoming BSAN breakfast.

ALT DCM – Donna spoke of her desire to serve and asked for feedback from all concerning needs for the district.

LCM BURKE – Charles stated that he has been able to attend some day meetings and stated that Queen Street Club needs support. They are having a clam chowder fundraiser on February 2nd.

LCM CATAWBA – Kathy was not present but reported that groups were going well.

LCM CALDWELL – Steve stated the Mountaineer Group in Collettsville was having low attendance issues and could use support. Other groups are going well.

CFC (CORRECTIONAL FACILITIES COORDINATOR) – Robert thanked a volunteer for having meetings on Christmas and New Years Eves. The program continues to need volunteers, and anyone can contact him at his number and applications are on the website. Buzz spoke about the importance and usefulness of volunteers coming into the prisons and encouraged participation in the Corrections Conference. Kristina asked about qualifications and was given information, with the final acceptance through NC Department of Public Safety.

CPC/PI (COOPERATION WITH PROFESSIONAL COMMUNITY/PUBLIC INFORMATION) – Annie received the kit from Rob and shared ideas for her position, including going to the Charlotte CPC/PI support committee, and working with Burke Recovery and BSAN.

TFC (TREATMENT FACILITIES COORDINATOR) – Sara stated that there is a 1-year recovery period needed to volunteer at Catawba Hospital and 6 months for same at Frye Hospital. There is an opening to serve at Catawba on the 2nd Friday of each month at 3 pm. There will be a meeting to discuss these and other treatment facilities issues at the Women's Center in Hickory on January 29th at 7:00 pm.

REGISTRAR – Cheri not present. Debbie passed around a folder for everyone to make corrections for their groups.

PUBLICATIONS – Steve had an emergency and was not present but messaged that he will have the paperwork on the website this week.

GRAPEVINE REP – Mary did not receive the new Grapevine as yet, but spoke of the many quality uses of the magazine.

WEBMASTER – Marty announce that he has made some changes to group information as per those group's requests. All is up to date. He has added Unity News archive pages back to 2015. He has added the flyer for the Western Conference Pre-Conference and will add any group events or calls for supports as requested. He noted that the address for sending money to Area has changed with the new treasurer: NCGSC Treasurer, PO Box 592, Apex, NC 27505. He finished with the statistics that there were 288 hits at the website (down 50% from November), with an average duration of 44 seconds.

OLD BUSINESS – Debbie asked for feedback for the Alcolthon, with Lulu reporting she knew a person deciding to go to treatment from his experience attending, and Marty stating there was a Daily Reflections found during clean up.

NEW BUSINESS – Kim talked of her work with Burke Recovery and BSAN and discussed community concerns about gaps in assisting substance abusers. She stated that first responders were making first contact with them now and called for utilizing the hot line system for AA members to do 12-step calls assisting them. A discussion concerning specific issues and possible tradition violations followed; the issue will be reviewed at a later date. Lulu again asked for support for the new comers Young at Heart meeting on Saturdays from 6-7 at the First United Methodist Church in Hickory.

The meeting was closed with the Lord's Prayer.

UPCOMING EVENTS:

Western Pre-Conference – April 27, 2019; First United Methodist Church, Hickory, NC

Spring Assembly – June 22-23; Hilton Raleigh North Hills, Raleigh, NC

NC State Convention – July 11-14; Hilton Raleigh North Hills, Raleigh, NC

Treasurer's Report Jan 2019 District Meeting

| | 2018 | 2019 | | | YTD |
|---------------------------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| | <u>TOTALS</u> | <u>January</u> | <u>February</u> | <u>March</u> | <u>TOTALS</u> |
| Operating Cash - Beg of Period | \$ 3,700.83 | \$ 1,702.39 | \$ 2,112.69 | \$ 2,112.69 | \$ 1,702.39 |
| <u>Normal Contributions</u> | | | | | |
| 5:30 Group | 168.50 | - | - | - | - |
| Alexander Group | 80.00 | 20.00 | - | - | 20.00 |
| Anonymous Donation | 50.00 | - | - | - | - |
| Basic Book Study | 120.00 | - | - | - | - |
| Brown Bag Bunch | 312.00 | 65.00 | - | - | 65.00 |
| Caldwell Discussion | 81.00 | - | - | - | - |
| Come Alive Group | 116.52 | - | - | - | - |
| Cookies on the Table | 200.00 | - | - | - | - |
| Forever Newcomers | 160.00 | - | - | - | - |
| Gimme Shelter/Into Action | 97.24 | - | - | - | - |
| Granite Falls AA Group | 125.00 | - | - | - | - |
| High Noon | 700.00 | - | - | - | - |
| Into Action Group | 137.50 | - | - | - | - |
| Keep it Simple | 350.00 | 30.00 | - | - | 30.00 |
| Ladies of Light Group | 25.00 | - | - | - | - |
| Lenoir Discussion Group | 102.00 | - | - | - | - |
| Living Sober | 30.00 | - | - | - | - |
| Primary Purpose | 262.25 | 46.40 | - | - | 46.40 |
| Saturday Night Speaker | 205.00 | 70.00 | - | - | 70.00 |
| Serenity Sisters | 98.88 | - | - | - | - |
| Step Children Step Study | 25.00 | - | - | - | - |
| Sunday Morning Meeting Group | 25.00 | - | - | - | - |
| Twin City Group | 380.00 | 268.00 | - | - | 268.00 |
| Valdese Discussion Group | 250.00 | - | - | - | - |
| West Union Group | 100.00 | - | - | - | - |
| Women's Faith in Gratitude | 247.00 | - | - | - | - |
| Total Normal Contributions | 4,447.89 | 499.40 | - | - | 499.40 |
| <u>Expenses</u> | | | | | |
| Answering Service | 861.00 | 71.50 | - | - | 71.50 |
| CFC | 32.12 | - | - | - | - |
| Committee Travel Expenses | 1,878.14 | - | - | - | - |
| GSO | 1,200.00 | - | - | - | - |
| Internet Service | 398.82 | - | - | - | - |
| Area 51 | 1,200.00 | - | - | - | - |
| Treatment Facilities | 60.31 | - | - | - | - |
| Publications | - | 17.60 | - | - | 17.60 |
| Western Region Mtg Expenses | 300.00 | - | - | - | - |
| Total Expenses | 5,930.39 | 89.10 | - | - | 89.10 |
| Operating Cash - End of Period | \$ 2,218.33 | \$ 2,112.69 | \$ 2,112.69 | \$ 2,112.69 | \$ 2,112.69 |
| | | | | | - |
| <u>Special Events Activity</u> | \$ - | \$ - | \$ 100.00 | \$ 100.00 | \$ - |
| Contributions/Seed Money | 1,020.87 | 100.00 | - | - | 100.00 |
| Expenses (FUMC) | (1,536.81) | - | - | - | - |
| Balance for Special Events | \$ (515.94) | \$ 100.00 | \$ 100.00 | \$ 100.00 | \$ 100.00 |
| TOTAL CASH | \$ 1,702.39 | \$ 2,212.69 | \$ 2,212.69 | \$ 2,212.69 | \$ 2,212.69 |

NOTE: The District Committee has determined that \$1,200 of the Operating Cash, also included in TOTAL CASH above, should be maintained as a Prudent Reserve.

****Please Note!****

New Address for Donations for District 12

Addresses for Donations

DISTRICT 12: Dean Koenig
4759 Meadow Lark Lane Hickory, NC 28602

AREA 51: NCGSC - Treasurer, PO Box 1181 Burlington, NC 27216

GENERAL SERVICE OFFICE:

A.A. World Services, Inc., P.O. Box 459, New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NAME ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

For New Groups and Group Changes

Address to send Registration Forms to:

District 12 Registrar

Please email completed forms to registrar@ncd12aa.org
or dgangel44@gmail.com

GROUP SERVICE No. _____

DATE: _____

DELEGATE AREA No. _____

DISTRICT No. _____

No. OF MEMBERS: _____

OLD INFORMATION

GROUP NAME: _____

Group Meeting Location: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone: _____

MEETING DAY

MON | TUES | WED | THUR | FRI | SAT | SUN

MEETING TIMES

____ | ____ | ____ | ____ | ____ | ____ | ____

GENERAL SERVICE REPRESENTATIVE (G.S.R.)

Name: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone : _____

E-mail: _____

ALTERNATE G.S.R. or MAIL CONTACT (Please check one ✓)

Name: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone : _____

E-mail: _____

NEW INFORMATION

GROUP NAME: _____

Group Meeting Location: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone: _____

MEETING DAY

MON | TUES | WED | THUR | FRI | SAT | SUN

MEETING TIMES

____ | ____ | ____ | ____ | ____ | ____ | ____

GENERAL SERVICE REPRESENTATIVE (G.S.R.)

Name: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone : _____

E-mail: _____

ALTERNATE G.S.R. or MAIL CONTACT (Please check one ✓)

Name: _____

Street: _____

City/Town: _____

State/Province: _____

Zip Code: _____ Telephone : _____

E-mail: _____

If the Group is to be listed in the Directory, please provide a telephone number and mailing address for the G.S.R., Alternate G.S.R., or Group contact. Listing in the Directory is for Twelfth Step referral and/or for meeting information. The G.S.R.'s (or other contact) name and telephone number will be included in the Directory with the group's name and service number.

OK TO LIST IN THE DIRECTORY? Yes No

SIGNATURE: _____

DATE: _____

"Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. Membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group they have no other affiliation." — Tradition Three (the long form)

"Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose — that of carrying its message to the alcoholic who still suffers." — Tradition Five (the long form)

"Unless there is approximate conformity to A.A.'s Twelve Traditions, the group... can deteriorate and die." — Twelve Steps and Twelve Traditions, page 174.

THREE WAYS TO RETURN THIS FORM:

Postal Mail to: A.A. World Services, Inc. Grand Central Station P.O. Box 459 New York, NY 10163

By Fax: 212-870-3003 (Attn: Records)

E-mail: records@aa.org

District 12 Correctional Meetings

Caldwell County

Caldwell Correctional Center ("Hudson") (828) 726-2509
480 Pleasant Hill Road, Lenoir, NC 28645
Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group



Catawba County

Catawba Correctional Center ("Newton") (828) 466-5521
Wednesday 10:00 am and Friday 6:30-7:30 pm weekly

Numbers and Contact Information

AA District Website: <http://www.ncd12aa.org>

HOTLINE NUMBER 1-877-960-4785

ESPAÑOL - 828-238-7349

LLAMAME

DCM Marty M. DCM@ncd12aa.org

Alternate DCM Debbie G. altDCM@ncd12aa.org

Secretary Lory D. Secretary@ncd12aa.org

Treasurer Dean K. Treasurer@ncd12aa.org

CPC/PI Open Rob Y. CPCPI@ncd12aa.org

Corrections Facility Coordinator Robert R. CFC@ncd12aa.org

Treatment Facilities Coordinator TBD

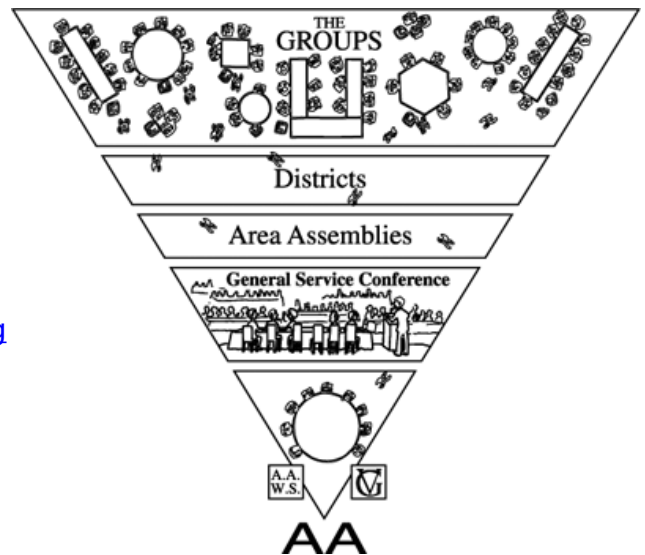
Grapevine Mary M. Grapevine@ncd12aa.org

Webmaster Lee W.. Webmaster@ncd12aa.org

Publications Steve C. Publications@ncd12aa.org

Registrar Debbie G. Registrar@ncd12aa.org

Also for Registrar: Dgangel44@yahoo.com



***** Treatment Facilities Coordinator Position Open *****
Currently Seeking Volunteers

Corrections Article for Volunteers

We have a urgent need for support in the area correctional facilities. At this time there are a total of 4 volunteers for the Caldwell unit, 2 for the Catawba Unit and none for the Burke Units. Actually the Burke units do not have any active meetings so that is an urgent need for some folks to get that going again.

The process for volunteering is simple. Fill out an application and mail it to the facility you want to volunteer at. It can take several months to be approved so be patient. The general guidelines are not to have any pending legal charges and be off any probation or parole supervision for 12 months. One year sober time is also suggested.

For the official NCDOC application form, email Jim F. at CFC@ncd12aa.org

or download the form: http://ncd12aa.org/DC345_1.pdf

Link to AA pamphlet http://www.aa.org/assets/en_US/f-5_CarryingtheMessagCF.pdf

What can you do if you cannot volunteer or have other issues?

- 1: Offer to speak at a correctional setting. (You can go in one time a year as a visitor.)
- 2: Volunteer to be a temporary contact upon an inmate's release and take them to their first outside A.A. meeting.
- 3: Provide the correctional facilities, with their permission, with DVDs of A.A. material.
- 4: Donate the price of a Big Book and the Twelve and Twelve to your local corrections committee, as well as back issues of the Grapevine and A.A. Conference- approved literature.
- 5: Correspond with an inmate through the Corrections Correspondence Service.
- 6: Support your district, area or intergroup/central office correctional facilities committees. Participate in correctional facilities workshops

Remember—when anyone, anywhere reaches out for help, I want the hand of A.A. always to be there—FOR THAT I AM RESPONSIBLE. They can not have a meeting without a volunteer present. One is all it takes.

If I can be of any assistance you can email me at CFC@ncd12aa.org

I can tell you I have been volunteering for the past 9 months and it has been one of the most rewarding of my AA experiences.

Jim F.

N.C. Department of Public Safety – Division of Adult Correction and Juvenile Justice

Rehabilitative Programs and Services

COMMUNITY VOLUNTEER APPLICATION

1. Name: _____

| | | |
|--------------|---------------|-------------|
| First | Middle | Last |
|--------------|---------------|-------------|

2. Home Address: _____

| | | | |
|-----------------------|-------------|--------------|------------|
| Street Address | City | State | Zip |
|-----------------------|-------------|--------------|------------|

3. Mailing Address (if different from above): _____

4. Home Telephone #: _____ Cell #: _____

5. Date of Birth: ____ / ____ / ____ 6. Gender: _____ 7. SS # _____ - _____ - _____

8. Driver's License #: _____ State: _____ 9. Race: _____

10. Employer's Name: _____ Address: _____

11. Have you ever served as a Volunteer in the Division of Adult Correction and Juvenile Justice? **No** _____
If **yes**, Where? _____ When? _____

12. Have you ever been dismissed as a Volunteer by the Division of Adult Correction and Juvenile Justice? **No** _____
If **yes**, Where? _____ When? _____
Please list brief details: _____

13. Have you ever been dismissed as a Visitor by the Division of Adult Correction and Juvenile Justice? **No** _____
If **yes**, Where? _____ When? _____
Please list brief details: _____

14. In what area(s) are you interested in serving as a Volunteer? _____

15. Why do you wish to serve as a Volunteer? _____

16. Are you related to an inmate currently housed at this facility? _____ **Yes** _____ **No**
If **yes**, Who? _____ What is the relationship? _____

17. Are you currently visiting any inmates assigned to this facility? _____ **Yes** _____ **No**
If **yes**, Who? _____ What is the relationship? _____

18. Are you applying to be a Community Leave Sponsor? _____ **Yes** _____ **No**
If **yes**, Name of the inmate and how do you know them? _____

19. Would you serve as a Community Leave Sponsor for an inmate that you do not know? _____ **Yes** _____ **No**

20. Have you ever been convicted of a crime other than a minor traffic violation? _____ **Yes** _____ **No**
If **yes**, please explain: _____ **Date:** _____

21. Would you have objections to the Division of Adult Correction and Juvenile Justice making inquiries necessary for the approval of your application? _____ **Yes** _____ **No**

