

District 12

Unity News

August 2019



AA Thought for the Day

(courtesy AA-Alive.net)

July 21, 2019

~ Scroll Down for Share ~

Acceptance

We learned that we had to fully concede to our innermost selves that we were alcoholics. This is the first step in recovery. The delusion that we are like other people, or presently may be, has to be smashed. We alcoholics are men and women who have lost the ability to control our drinking. We know that no real alcoholic ever recovers control.

- *Alcoholics Anonymous, (More About Alcoholism) p. 30*

Thought to Ponder

The Three A's .. Awareness, Acceptance, Action.

AA-related 'Alconym'

A B C = **A** cceptance, **B** elief, **C** hange.

I am responsible . . .

When anyone, anywhere, reaches out for help,

I want the hand of A.A. always to be there.

And for that: I am responsible."

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FUTURE DISTRICT MEETING DATES

SEPTEMBER 8th,	3:00-4:00	HOPE VALLEY, HICKORY
OCTOBER 13th,	3:00-4:00	QUEEN ST CLUB, MORGANTON
NOVEMBER 10th,	3:00-4:00	CALDWELL HOUSE, LENOIR

Attendance Report July 2019 District Meeting

Lory D. – Cookies on the Table, Secretary
Dean K. – 5:30 Group, Treasurer
Johnathan B. – A Way Out, GSR
Chad R. – Keep It Simple, GSR
Andrew P. – Stepchildren Step Study, GSR
Marty M. – Twin City Group, Webmaster
Brad M. – Twin City Group, GSR
Tim L. – Twin City Group, Alt. GSR
Sara S. – Keep It Simple, TFC
Charles B. – Valdese Wednesday Night, GSR
Cody S. – Morganton Central Group, GSR
Sharon B. – GGG Women’s Group
Dianne C. – Ladies of the Light
Mary M. – Brown Bag, GSR
Jim C. – Forever Newcomer, GSR
Jarrett R. – New Hope Group, GSR
Destinee C. – Hickory Tuesday Night Group, Alt. GSR
Robert R. – Granite Falls, GSR, Corrections

Secretary Report – July 2019 District Meeting

The District 12 meeting was held at Queen Street Center. There were 15 voting members. The meeting was opened with the Serenity Prayer.

SECRETARY – Lory read last month’s minutes, which were accepted.

TREASURER – Dean reviewed the treasurer’s report, which was accepted. There was discussion on seed money issues.

DCM – Debbie was absent but sent in her report through Marty M. about the Spring Assembly, which will be put on the website. Marty reviewed some of the report including financial and other agenda items. He also stated that there were 10 calls for the hot line looking for meetings, 7 calls asking to talk to someone.

ALT DCM – Donna was absent.

LCM BURKE – Charles stated that the Spanish speaking group was up and running on Wednesdays at 8:00 pm. The meeting will be put on the schedule.

LCM CATAWBA – Position open, no one available to fill.

LCM CALDWELL - Position open, no one available to fill.

CFC (CORRECTIONAL FACILITIES COORDINATOR) – Robert shared that Burke County meeting was strong. He was informed that there is a CRV unit meeting on Thursdays at 6:30 pm. There are no issues in Newton, and Caldwell having meetings once per week. It would be good to have more volunteers.

CPC/PI (COOPERATION WITH PROFESSIONAL COMMUNITY/PUBLIC INFORMATION) – Annie was absent.

TFC (TREATMENT FACILITIES COORDINATOR) – Sara stated there is still a need for volunteers at Lenoir detox and open positions for the 5th Saturday of the month at Frye Hospital. She talked of concerns that AA schedules were regularly missing from the facilities or being put behind other pamphlets. All are asked to check with other programs if there are issues happening.

REGISTRAR – Cheri was absent.

PUBLICATIONS – Steve was absent but had arranged for Unity News and schedules to be available. Marty stated that there were no “extra” submissions offered for this month’s Unity News.

GRAPEVINE REP – Mary stated that the July issue of the Grapevine focused on prison work.

WEBMASTER – Marty stated all was up to date with the website, and that he will take off the closing groups (Growth, Gratitude and Grace, and Young at Heart) and list the additional groups (Spanish Speaking and CRV).

OLD BUSINESS – The Area surplus and the process for obtaining funds were discussed, along with a question about the districts connecting with each other through the Area website.

NEW BUSINESS – Marty stated he received a text from Chris B. that he will not be a DJ for the Alcothon this year as there were no participants last year. District members were asked to bring additional ideas for the evening “entertainment”. A discussion about group “identities” ensued with individuals sharing their experiences.

The meeting was closed with the Lord’s Prayer.

UPCOMING EVENTS:

Fall 2019 Assembly – October 25 – 27, Hilton Raleigh North Hills, Raleigh, NC

Southern States AA Service Assembly (SSAASA) – November 8-10; Lake Junaluska Conference Center, Lake Junaluska, NC

Treasurer's Report for End-of-July 2019

	2018	2019							YTD
	TOTALS	January	February	March	April	May	June	July	TOTALS
Operating Cash - Beg of Period	\$ 3,700.83	\$ 1,702.39	\$ 2,112.69	\$ 2,245.64	\$ 2,041.36	\$ 2,238.36	\$ 2,586.83	\$ 2,088.09	\$ 1,702.39
Normal Contributions									
5:30 Group	168.50	-	-	-	26.00	-	-	40.00	66.00
Alexander Group	80.00	20.00	-	-	-	20.00	-	-	40.00
Anonymous Donation	50.00	-	-	-	-	-	-	-	-
Basic Book Study	120.00	-	-	-	-	200.00	-	-	200.00
Brown Bag Bunch	312.00	65.00	-	-	50.00	-	75.00	50.00	240.00
Caldwell Discussion	81.00	-	-	-	-	-	-	-	-
Come Alive Group	116.52	-	63.84	-	-	-	47.88	-	111.72
Cookies on the Table	200.00	-	-	75.00	-	-	-	50.00	125.00
Forever Newcomers	160.00	-	-	-	-	-	60.00	-	60.00
Gimme Shelter/Into Action	97.24	-	-	-	-	-	-	-	-
Granite Falls AA Group	125.00	-	-	-	-	100.00	-	-	100.00
High Noon	700.00	-	100.00	50.00	50.00	50.00	50.00	50.00	350.00
Into Action Group	137.50	-	98.00	-	-	66.38	-	-	164.38
Keep it Simple	350.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	210.00
Ladies of Light Group	25.00	-	-	50.00	-	-	50.00	-	100.00
Lenoir Discussion Group	102.00	-	-	-	-	-	-	-	-
Living Sober	30.00	-	-	-	-	-	-	-	-
Primary Purpose	262.25	46.40	-	-	51.00	-	-	85.00	182.40
Saturday Night Speaker	205.00	70.00	-	-	70.00	-	-	70.00	210.00
Second Chances	-	-	-	-	-	50.00	-	-	50.00
Serenity Sisters	98.88	-	32.48	-	-	-	26.60	-	59.08
Step Children Step Study	25.00	-	-	-	-	25.00	-	-	25.00
Sunday Morning Meeting Group	25.00	-	-	-	-	-	-	-	-
Twin City Group	380.00	268.00	-	-	-	-	-	260.76	528.76
Valdese Discussion Group	250.00	-	-	-	-	-	-	-	-
West Union Group	100.00	-	-	50.00	-	-	50.00	-	100.00
Women's Faith in Gratitude	247.00	-	-	-	-	-	-	-	-
Young at Heart	-	-	-	4.00	20.00	-	-	-	24.00
Total Normal Contributions	4,447.89	499.40	324.32	259.00	297.00	541.38	389.48	635.76	2,946.34
Expenses									
Answering Service	861.00	71.50	79.50	69.50	80.00	74.00	92.50	124.00	683.50
Treasury Expenses	-	-	-	-	-	53.55	-	-	53.55
CFC	32.12	-	-	-	-	-	-	-	-
Committee Travel Expenses	1,878.14	-	-	355.80	-	-	753.04	-	1,108.84
District Meeting Host Donations	-	-	-	-	20.00	20.00	20.00	20.00	80.00
GSO	1,200.00	-	-	-	-	-	-	-	-
Internet Service	398.82	-	111.87	-	-	-	-	-	111.87
Area 51	1,200.00	-	-	-	-	-	-	-	-
Treatment Facilities	60.31	-	-	-	-	-	-	-	-
Publications	-	17.60	-	37.98	-	45.36	22.68	-	123.62
Western Region Mtg Expenses	300.00	-	-	-	-	-	-	-	-
Total Expenses	5,930.39	89.10	191.37	463.28	100.00	192.91	888.22	144.00	2,161.38
Operating Cash - End of Period	\$ 2,218.33	\$ 2,112.69	\$ 2,245.64	\$ 2,041.36	\$ 2,238.36	\$ 2,586.83	\$ 2,088.09	\$ 2,579.85	\$ 2,487.35
Special Events Activity									
Contributions/Seed Money	\$ 1,020.87	\$ 100.00	\$ 125.00	\$ 100.00	\$ 320.00	\$ 620.00	\$ 392.01	\$ -	\$ 1,657.01
Special Events Expenses	(1,536.81)	-	(300.00)	-	(866.45)	(300.00)	(361.28)	-	(1,827.73)
Balance for Special Events	\$ (515.94)	\$ 100.00	\$ (75.00)	\$ 25.00	\$ (521.45)	\$ (201.45)	\$ (170.72)	\$ (170.72)	\$ (170.72)
TOTAL CASH	\$ 1,702.39	\$ 2,212.69	\$ 2,170.64	\$ 2,066.36	\$ 1,716.91	\$ 2,385.38	\$ 1,917.37	\$ 2,409.13	\$ 2,316.63
NOTE: The District Committee has determined that \$1,200 of the Operating Cash, also included in TOTAL CASH above, should be maintained as a Prudent Reserve.									

Seed Contributions for Special Events

	2018	January	February	March	April	May	June	July	YTD
SEED CONTRIBUTIONS									
Alcothon Contributions	340.87	-	-	-	-	-	112.01	-	112.01
Alexander Group	30.00	-	-	-	-	-	-	-	-
A Way Out Group	-	-	-	-	-	30.00	-	-	30.00
Brown Bag	-	-	-	-	-	30.00	-	-	30.00
Caldwell Discussion	30.00	-	-	-	-	-	-	-	-
Come Alive	60.00	-	-	-	-	30.00	-	-	30.00
Cookies on the Table	30.00	-	-	-	30.00	-	-	-	30.00
Forever Newcomers	30.00	-	-	-	-	-	30.00	-	30.00
Growth, Gratitude & Grace	30.00	-	-	-	-	-	-	-	-
High Noon	50.00	-	-	-	-	75.00	-	-	75.00
Into Action	-	-	-	-	-	30.00	-	-	30.00
Keep it Simple	60.00	-	-	-	50.00	50.00	-	-	100.00
Ladies of Light	30.00	-	-	-	-	-	60.00	-	60.00
Lenoir Discussion Group	25.00	-	-	-	-	-	-	-	-
New Hope Group	-	-	-	-	-	30.00	-	-	30.00
Primary Purpose	-	-	-	-	-	30.00	-	-	30.00
Second Chances	30.00	-	-	-	-	30.00	-	-	30.00
Serenity Sisters	60.00	-	-	-	-	30.00	-	-	30.00
Step Children Step Study	30.00	-	-	-	-	25.00	-	-	25.00
Sunday Morning Mtg (Flynn)	30.00	-	-	-	-	-	-	-	-
Twin City Group	65.00	-	-	-	-	-	30.00	-	30.00
Valdeze Group	30.00	-	-	-	-	50.00	-	-	50.00
Way Out Group	30.00	-	-	-	-	-	-	-	-
West Union Group	-	-	-	-	-	-	60.00	-	60.00
Western Region Mtg Contributions	-	100.00	125.00	100.00	240.00	150.00	100.00	-	815.00
Women's Faith and Gratitude	30.00	-	-	-	-	30.00	-	-	30.00
Total Seed Contributions	\$ 1,020.87	\$ 100.00	\$ 125.00	\$ 100.00	\$ 320.00	\$ 620.00	\$ 392.01	\$ -	\$ 1,657.01

****Please Note!****

New Address for Donations for Area 51

Addresses for Donations

DISTRICT 12:

District 12 Treasurer, 4759 Meadow Lark Lane, Hickory, NC 28602

AREA 51:

NCGSC - Treasurer, PO Box 592, Apex, NC 27505

GENERAL SERVICE OFFICE:

A.A. World Services, Inc., P.O. Box 459, New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NAME ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

For New Groups and Group Changes

Address to send Registration Forms to:

District 12 Registrar

Please email completed forms to registrar@ncd12aa.org

District 12 Correctional Meetings

Caldwell County

Caldwell Correctional Center ("Hudson")
480 Pleasant Hill Road, Lenoir, NC 28645
Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group

Catawba County

Catawba Correctional Center ("Newton")
Wednesday 10:00 am

Burke County

Foothills Correctional Facility
Monday 6:30 at "Littlefoot"
Thursday 6:30 at the CRV Unit

Special permission and training required.
Contact Robert R. at CFC@ncd12aa.org or see pages 8-10 for more information.



Detox Facility Meetings

Catawba County

Catawba Valley Medical Center 7th Floor
810 Fairgrove Church Rd SE, Hickory
Friday 3:00 pm

Frye South Campus
415 N Center St, Ste 3, Hickory
Wednesday 7:00 pm and Saturday 10:00 am



Caldwell County

RHA Comprehensive Care Center (C3)
2415 Morganton Blvd SW, Lenoir
Tuesday and Friday 7:00 pm

To volunteer for Detox meetings please contact Sara S. at Treatment@ncd12aa.org

Corrections Article for Volunteers

We have a urgent need for support in the area correctional facilities. The process for volunteering is simple. Fill out an application and mail it to the facility you want to volunteer at. It can take several months to be approved so be patient. The general guidelines are not to have any pending legal charges and be off any probation or parole supervision for 12 months. One year sober time is also suggested.

For the official NCDOC application form, email Robert R. at CFC@ncd12aa.org or download the form at: <http://ncd12aa.org/wp-content/uploads/2018/12/CorrectionsApplication.pdf>

Link to AA pamphlet: http://www.aa.org/assets/en_US/f-5_CarryingtheMessagCF.pdf

What can you do if you cannot volunteer or have other issues?

- 1: Offer to speak at a correctional setting. (You can go in one time a year as a visitor.)
- 2: Volunteer to be a temporary contact upon an inmate's release and take them to their first outside A.A. meeting.
- 3: Provide the correctional facilities, with their permission, with DVDs of A.A. material.
- 4: Donate the price of a Big Book and the Twelve and Twelve to your local corrections committee, as well as back issues of the Grapevine and A.A. Conference-approved literature.
- 5: Correspond with an inmate through the Corrections Correspondence Service.
- 6: Support your district, area or intergroup/central office correctional facilities committees. Participate in correctional facilities workshops

Remember—when anyone, anywhere reaches out for help, I want the hand of A.A. always to be there—**FOR THAT I AM RESPONSIBLE**. They can not have a meeting without a volunteer present. One is all it takes.

If I can be of any assistance you can email me at CFC@ncd12aa.org.

N.C. Department of Public Safety – Division of Adult Correction and Juvenile Justice

Rehabilitative Programs and Services

COMMUNITY VOLUNTEER APPLICATION

1. Name: _____

First	Middle	Last
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2. Home Address: _____

Street Address	City	State	Zip
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3. Mailing Address (if different from above): _____

4. Home Telephone #: _____ Cell #: _____

5. Date of Birth: ____/____/____ 6. Gender: _____ 7. SS # _____ - _____ - _____

8. Driver's License #: _____ State: _____ 9. Race: _____

10. Employer's Name: _____ Address: _____

11. Have you ever served as a Volunteer in the Division of Adult Correction and Juvenile Justice? **No** _____
If **yes**, Where? _____ When? _____

12. Have you ever been dismissed as a Volunteer by the Division of Adult Correction and Juvenile Justice? **No** _____
If **yes**, Where? _____ When? _____
Please list brief details: _____

13. Have you ever been dismissed as a Visitor by the Division of Adult Correction and Juvenile Justice? **No** _____
If **yes**, Where? _____ When? _____
Please list brief details: _____

14. In what area(s) are you interested in serving as a Volunteer? _____

15. Why do you wish to serve as a Volunteer? _____

16. Are you related to an inmate currently housed at this facility? _____ **Yes** _____ **No**
If **yes**, Who? _____ What is the relationship? _____

17. Are you currently visiting any inmates assigned to this facility? _____ **Yes** _____ **No**
If **yes**, Who? _____ What is the relationship? _____

18. Are you applying to be a Community Leave Sponsor? _____ **Yes** _____ **No**
If **yes**, Name of the inmate and how do you know them? _____

19. Would you serve as a Community Leave Sponsor for an inmate that you do not know? _____ **Yes** _____ **No**

20. Have you ever been convicted of a crime other than a minor traffic violation? _____ **Yes** _____ **No**
If **yes**, please explain: _____ **Date:** _____

21. Would you have objections to the Division of Adult Correction and Juvenile Justice making inquiries necessary for the approval of your application? _____ **Yes** _____ **No**

Numbers and Contact Information

AA District Website: <http://www.ncd12aa.org>

HOTLINE NUMBER 1-877-960-4785

ESPAÑOL - 828-291-8465

LLAMAME

DCM: Debbie G. DCM@ncd12aa.org

Alternate_DCM: Donna Z. altDCM@ncd12aa.org

LCM Burke: Charles B. BurkeLCM@ncd12aa.org

LCM Caldwell: Open Position CaldwellLCM@ncd12aa.org

LCM Catawba: Open Position CatawbaLCM@ncd12aa.org

Secretary: Lory D. Secretary@ncd12aa.org

Treasurer: Dean K. Treasurer@ncd12aa.org

CPC/PI: Annie H. CPCPI@ncd12aa.org

Corrections Facility Coordinator: Robert R. CFC@ncd12aa.org

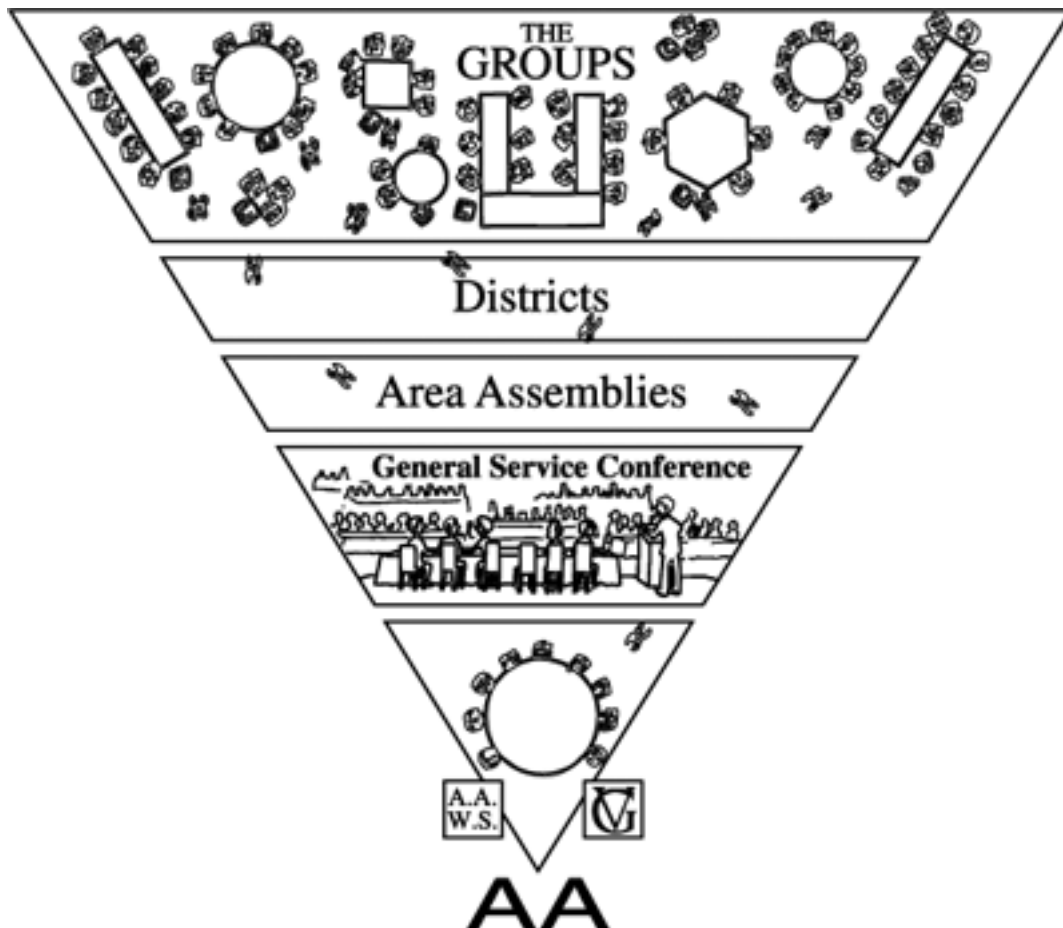
Treatment Facilities Coordinator: Sara S. Treatment@ncd12aa.org

Grapevine: Mary M. Grapevine@ncd12aa.org

Webmaster: Marty M. Webmaster@ncd12aa.org

Publications: Steve C. Publications@ncd12aa.org

Registrar: Cheri S. Registrar@ncd12aa.org



Announcements

New Groups:

Morganton Spanish Speaking Group meets at Queen St. Club, 923 E. Union St., Morganton on Wednesdays at 8:00pm.

Liberty Road Group is an Open/Discussion group which meets at Liberty Methodist Church, 1300 Liberty Church Rd., Hiddenite on Thursdays at 7:00pm

Changes:

Free Thinkers Group which is a secular meeting that meets on Sundays at Queen St. Club, 923 E. Union St., Morganton has changed times from 10:00am to 5:00pm.

Calls for Support:

The Collettsville Mountaineer Group which meets at the Ruritan building in Collettsville on Wednesday nights needs support!

The Caldwell Discussion Group which meets Thursdays at 8:00pm at the Caldwell House in Lenoir needs support!

The Early Risers Group which meets Saturdays at 8:00am at Christ United Lutheran Church in Granite Falls needs support!



You can now contribute to your Unity News!!

We accept short stories (400 words or less), jokes, puzzles, birthday celebrations, etc.

To submit a file (word, jpg, pdf, etc.) to be considered please go to www.ncd12aa.org/unitynews.

This is for files only. Please send links or email stories to publications@ncd12aa.org.