

District 12

# Unity News

September 2019



## AA Thought for the Day

(courtesy AA-Alive.net)

September 3, 2019

### Thankful

Having so considered our day, not omitting to take due note of things well done, and having searched our hearts with neither fear nor favor, we can truly thank God for the blessings we have received and sleep in good conscience.

- *Twelve Steps and Twelve Traditions*, (Step Ten) p. 76

### Thought to Ponder

Inventory-taking is not always done in red ink.

### AA-related 'Alconym'

A A = Always Aware.

**I am responsible . . .**

**When anyone, anywhere, reaches out for help,**

**I want the hand of A.A. always to be there.**

**And for that: I am responsible."**

### *Inside this issue:*

|  |     |
|--|-----|
| <b>Future District Meetings</b>          | 2   |
| <b>June Attendance List</b>              | 2   |
| <b>June Meeting Minutes</b>              | 3   |
| <b>Treasurer's Report/Donation Info</b>  | 4-5 |
| <b>District 12 Correctional Meetings</b> | 6   |
| <b>Detox Facility Meetings</b>           | 6   |
| <b>Numbers &amp; Contact Information</b> | 7   |
| <b>Announcements</b>                     | 8   |
|  |     |
|  |     |

## ***FUTURE DISTRICT MEETING DATES***

|                       |                  |                                 |
|-----------------------|------------------|---------------------------------|
| <b>OCTOBER 13th,</b>  | <b>3:00-4:00</b> | <b>QUEEN ST CLUB, MORGANTON</b> |
|                       |                  |                                 |
| <b>NOVEMBER 10th,</b> | <b>3:00-4:00</b> | <b>CALDWELL HOUSE, LENOIR</b>   |
|                       |                  |                                 |
| <b>DECEMBER 8th,</b>  | <b>3:00-4:00</b> | <b>HOPE VALLEY, HICKORY</b>     |

## **Attendance Report July 2019 District Meeting**

Lory D. – Cookies on the Table, Secretary  
Dean K. – 5:30 Group, Treasurer  
Chad R. – Keep It Simple, GSR  
Andrew P. – Stepchildren Step Study, GSR  
Tim L. – Twin City Group, Alt. GSR  
Charles B. – Valdese Wednesday Night, GSR  
Dianne P. – Ladies of the Light  
Mary M. – Brown Bag, GSR  
Jarrett R. – New Hope Group, GSR  
Donna R. – Women’s Faith and Gratitude, GSR  
Betsy W. – Alexander, visitor  
Bess S. – Alexander GSR  
Annie H. – Into Action, GSR  
Travis G. – Cookies on the Table, GSR  
Donna Z. – Caldwell Discussion, Come Alive, Alt. DCM  
Debbie G. – Women’s Faith and Gratitude, DCM

# Secretary Report – August 2019 District Meeting

The District 12 meeting was held at the Caldwell House. There were 15 voting members. The meeting was opened with the Serenity Prayer.

**SECRETARY** – Lory read last month’s minutes, which were accepted.

**TREASURER** – Dean reviewed the treasurer’s report, which was accepted. He explained his report format to newer members.

**DCM** – Debbie stated she will attend the Summer Committee Meeting which helps to set the Assembly agenda. She will be working on the subcommittee which is trying to clarify the process of groups moving to different districts. She reviewed upcoming events (Fellowship by the Sea, Assembly, SSAASA). She also discussed the International Convention in Detroit on July -5, 2020.

**ALT DCM** – Donna had nothing to report.

**LCM BURKE** – Charles stated that the Spanish speaking group is going well and received printed material donations from another group. The Free Thinkers Group is struggling in attendance, and has moved times to Sunday, 5:00 pm.

**LCM CATAWBA** – Position open, Debbie asked for groups to be notified for potential volunteers.

**LCM CALDWELL** - Position open, Debbie asked for groups to be notified for potential volunteers.

**CFC (CORRECTIONAL FACILITIES COORDINATOR)** – Robert was absent.

**CPC/PI (COOPERATION WITH PROFESSIONAL COMMUNITY/PUBLIC INFORMATION)** – Annie had nothing to report.

**TFC (TREATMENT FACILITIES COORDINATOR)** – Sara was absent but sent in report that all is going well at the detox centers. She also reported that there will be a meeting for volunteers (and potential volunteers) on September 17 at 7:00 pm, at the Women’s Resource Center in Hickory.

**REGISTRAR** – Cheri stated she has changed all needed group information.

**PUBLICATIONS** – Steve was absent but had arranged for Unity News and schedules to be available.

**GRAPEVINE REP** – Mary stated that the August issue includes lots of stories about Afro American members. She also reviewed the “Meeting Guide” app for cell phones.

**WEBMASTER** – Marty was absent but sent in a report stating the website and meeting lists were updated. Debbie stated that the Area website, [aanorthcarolina.org](http://aanorthcarolina.org), has been updated and includes district meeting schedules.

**OLD BUSINESS** – The Ladies of Light meeting has proposed that there be a talent show utilized for the Alcothon evening entertainment, and they were offered to coordinate one and they would be given that time slot for the evening. Debbie suggested there be a “countdown” for the celebration following the talent show.

**NEW BUSINESS** – Concerns were discussed about a new group starting on the same night as an already established group in Alexander County. Understanding was offered about concerns, but group autonomy was supported.

The meeting was closed with the Lord’s Prayer.

## UPCOMING EVENTS:

Fall 2019 Assembly – October 25 – 27, Hilton Raleigh North Hills, Raleigh, NC

Southern States AA Service Assembly (SSAASA) – November 8-10; Lake Junaluska Conference Center, Lake Junaluska, NC

## Treasurer's Report for End-of-August 2019

|                                       | 2018               | 2019               |                    |                    |                    |                    |                    |                    |                    | YTD                |
|---------------------------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
|                                       | TOTALS             | January            | February           | March              | April              | May                | June               | July               | August             | TOTALS             |
| <b>Operating Cash - Beg of Period</b> | \$ 3,700.83        | \$ 1,702.39        | \$ 2,112.69        | \$ 2,245.64        | \$ 2,041.36        | \$ 2,238.36        | \$ 2,586.83        | \$ 2,088.09        | \$ 2,579.85        | \$ 1,702.39        |
| <b>Normal Contributions</b>           |                    |                    |                    |                    |                    |                    |                    |                    |                    |                    |
| 5:30 Group                            | 168.50             | -                  | -                  | -                  | 26.00              | -                  | -                  | 40.00              | -                  | 66.00              |
| Alexander Group                       | 80.00              | 20.00              | -                  | -                  | -                  | 20.00              | -                  | -                  | -                  | 40.00              |
| Anonymous Donation                    | 50.00              | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| Basic Book Study                      | 120.00             | -                  | -                  | -                  | -                  | 200.00             | -                  | -                  | -                  | 200.00             |
| Brown Bag Bunch                       | 312.00             | 65.00              | -                  | -                  | 50.00              | -                  | 75.00              | 50.00              | 50.00              | 290.00             |
| Caldwell Discussion                   | 81.00              | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| Come Alive Group                      | 116.52             | -                  | 63.84              | -                  | -                  | -                  | 47.88              | -                  | -                  | 111.72             |
| Cookies on the Table                  | 200.00             | -                  | -                  | 75.00              | -                  | -                  | -                  | 50.00              | -                  | 125.00             |
| Forever Newcomers                     | 160.00             | -                  | -                  | -                  | -                  | -                  | 60.00              | -                  | -                  | 60.00              |
| Gimme Shelter/Into Action             | 97.24              | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| Granite Falls AA Group                | 125.00             | -                  | -                  | -                  | -                  | 100.00             | -                  | -                  | -                  | 100.00             |
| High Noon                             | 700.00             | -                  | 100.00             | 50.00              | 50.00              | 50.00              | 50.00              | 50.00              | 50.00              | 400.00             |
| Into Action Group                     | 137.50             | -                  | 98.00              | -                  | -                  | 66.38              | -                  | -                  | 120.22             | 284.60             |
| Keep it Simple                        | 350.00             | 30.00              | 30.00              | 30.00              | 30.00              | 30.00              | 30.00              | 30.00              | 30.00              | 240.00             |
| Ladies of Light Group                 | 25.00              | -                  | -                  | 50.00              | -                  | -                  | 50.00              | -                  | -                  | 100.00             |
| Lenoir Discussion Group               | 102.00             | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| Living Sober                          | 30.00              | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| Primary Purpose                       | 262.25             | 46.40              | -                  | -                  | 51.00              | -                  | -                  | 85.00              | -                  | 182.40             |
| Saturday Night Speaker                | 205.00             | 70.00              | -                  | -                  | 70.00              | -                  | -                  | 70.00              | -                  | 210.00             |
| Second Chances                        | -                  | -                  | -                  | -                  | -                  | 50.00              | -                  | -                  | -                  | 50.00              |
| Serenity Sisters                      | 98.88              | -                  | 32.48              | -                  | -                  | -                  | 26.60              | -                  | -                  | 59.08              |
| Step Children Step Study              | 25.00              | -                  | -                  | -                  | -                  | 25.00              | -                  | -                  | -                  | 25.00              |
| Sunday Morning Meeting Group          | 25.00              | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| Twin City Group                       | 380.00             | 268.00             | -                  | -                  | -                  | -                  | -                  | 260.76             | -                  | 528.76             |
| Valdese Discussion Group              | 250.00             | -                  | -                  | -                  | -                  | -                  | -                  | -                  | 50.00              | 50.00              |
| West Union Group                      | 100.00             | -                  | -                  | 50.00              | -                  | -                  | 50.00              | -                  | -                  | 100.00             |
| Women's Faith and Gratitude           | 247.00             | -                  | -                  | -                  | -                  | -                  | -                  | -                  | 20.00              | 20.00              |
| Young at Heart                        | -                  | -                  | -                  | 4.00               | 20.00              | -                  | -                  | -                  | -                  | 24.00              |
| <b>Total Normal Contributions</b>     | <b>4,447.89</b>    | <b>499.40</b>      | <b>324.32</b>      | <b>259.00</b>      | <b>297.00</b>      | <b>541.38</b>      | <b>389.48</b>      | <b>635.76</b>      | <b>320.22</b>      | <b>3,266.56</b>    |
| <b>Expenses</b>                       |                    |                    |                    |                    |                    |                    |                    |                    |                    |                    |
| Answering Service                     | 861.00             | 71.50              | 79.50              | 69.50              | 80.00              | 74.00              | 92.50              | 124.00             | 92.50              | 683.50             |
| Treasury Expenses                     | -                  | -                  | -                  | -                  | -                  | 53.55              | -                  | -                  | -                  | 53.55              |
| CFC                                   | 32.12              | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| Committee Travel Expenses             | 1,878.14           | -                  | -                  | 355.80             | -                  | -                  | 753.04             | -                  | 129.05             | 1,237.89           |
| District Meeting Host Donations       | -                  | -                  | -                  | -                  | 20.00              | 20.00              | 20.00              | 20.00              | 20.00              | 100.00             |
| GSO                                   | 1,200.00           | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| Internet Service                      | 398.82             | -                  | 111.87             | -                  | -                  | -                  | -                  | -                  | -                  | 111.87             |
| Area 51                               | 1,200.00           | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| Treatment Facilities                  | 60.31              | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| Publications                          | -                  | 17.60              | -                  | 37.98              | -                  | 45.36              | 22.68              | -                  | 77.79              | 201.41             |
| Western Region Mtg Expenses           | 300.00             | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  | -                  |
| <b>Total Expenses</b>                 | <b>5,930.39</b>    | <b>89.10</b>       | <b>191.37</b>      | <b>463.28</b>      | <b>100.00</b>      | <b>192.91</b>      | <b>888.22</b>      | <b>144.00</b>      | <b>319.34</b>      | <b>2,388.22</b>    |
| <b>Operating Cash - End of Period</b> | <b>\$ 2,218.33</b> | <b>\$ 2,112.69</b> | <b>\$ 2,245.64</b> | <b>\$ 2,041.36</b> | <b>\$ 2,238.36</b> | <b>\$ 2,586.83</b> | <b>\$ 2,088.09</b> | <b>\$ 2,579.85</b> | <b>\$ 2,580.73</b> | <b>\$ 2,580.73</b> |
|                                       |                    |                    |                    |                    |                    |                    |                    |                    |                    |                    |
| <b>Special Events Activity</b>        | \$ -               | \$ -               | \$ 100.00          | \$ (75.00)         | \$ 25.00           | \$ (521.45)        | \$ (201.45)        | \$ (170.72)        | \$ (170.72)        | \$ -               |
| Contributions/Seed Money              | 1,020.87           | 100.00             | 125.00             | 100.00             | 320.00             | 620.00             | 392.01             | -                  | -                  | 1,657.01           |
| Special Events Expenses               | (1,536.81)         | -                  | (300.00)           | -                  | (866.45)           | (300.00)           | (361.28)           | -                  | -                  | (1,827.73)         |
| <b>Balance for Special Events</b>     | <b>\$ (515.94)</b> | <b>\$ 100.00</b>   | <b>\$ (75.00)</b>  | <b>\$ 25.00</b>    | <b>\$ (521.45)</b> | <b>\$ (201.45)</b> | <b>\$ (170.72)</b> | <b>\$ (170.72)</b> | <b>\$ (170.72)</b> | <b>\$ (170.72)</b> |
|                                       |                    |                    |                    |                    |                    |                    |                    |                    |                    |                    |
| <b>TOTAL CASH</b>                     | <b>\$ 1,702.39</b> | <b>\$ 2,212.69</b> | <b>\$ 2,170.64</b> | <b>\$ 2,066.36</b> | <b>\$ 1,716.91</b> | <b>\$ 2,385.38</b> | <b>\$ 1,917.37</b> | <b>\$ 2,409.13</b> | <b>\$ 2,410.01</b> | <b>\$ 2,410.01</b> |

NOTE: The District Committee has determined that \$1,200 of the Operating Cash, also included in TOTAL CASH above, should be maintained as a Prudent Reserve.

## Seed Contributions for Special Events

|                                  | 2018               | January          | February         | March            | April            | May              | June             | July        | August      | YTD                |
|----------------------------------|--------------------|------------------|------------------|------------------|------------------|------------------|------------------|-------------|-------------|--------------------|
| <b><u>SEED CONTRIBUTIONS</u></b> |                    |                  |                  |                  |                  |                  |                  |             |             |                    |
| Alcothon Contributions           | 340.87             | -                | -                | -                | -                | -                | 112.01           | -           | -           | 112.01             |
| Alexander Group                  | 30.00              | -                | -                | -                | -                | -                | -                | -           | -           | -                  |
| A Way Out Group                  | -                  | -                | -                | -                | -                | 30.00            | -                | -           | -           | 30.00              |
| Brown Bag                        | -                  | -                | -                | -                | -                | 30.00            | -                | -           | -           | 30.00              |
| Caldwell Discussion              | 30.00              | -                | -                | -                | -                | -                | -                | -           | -           | -                  |
| Come Alive                       | 60.00              | -                | -                | -                | -                | 30.00            | -                | -           | -           | 30.00              |
| Cookies on the Table             | 30.00              | -                | -                | -                | 30.00            | -                | -                | -           | -           | 30.00              |
| Forever Newcomers                | 30.00              | -                | -                | -                | -                | -                | 30.00            | -           | -           | 30.00              |
| Growth, Gratitude & Grace        | 30.00              | -                | -                | -                | -                | -                | -                | -           | -           | -                  |
| High Noon                        | 50.00              | -                | -                | -                | -                | 75.00            | -                | -           | -           | 75.00              |
| Into Action                      | -                  | -                | -                | -                | -                | 30.00            | -                | -           | -           | 30.00              |
| Keep it Simple                   | 60.00              | -                | -                | -                | 50.00            | 50.00            | -                | -           | -           | 100.00             |
| Ladies of Light                  | 30.00              | -                | -                | -                | -                | -                | 60.00            | -           | -           | 60.00              |
| Lenoir Discussion Group          | 25.00              | -                | -                | -                | -                | -                | -                | -           | -           | -                  |
| New Hope Group                   | -                  | -                | -                | -                | -                | 30.00            | -                | -           | -           | 30.00              |
| Primary Purpose                  | -                  | -                | -                | -                | -                | 30.00            | -                | -           | -           | 30.00              |
| Second Chances                   | 30.00              | -                | -                | -                | -                | 30.00            | -                | -           | -           | 30.00              |
| Serenity Sisters                 | 60.00              | -                | -                | -                | -                | 30.00            | -                | -           | -           | 30.00              |
| Step Children Step Study         | 30.00              | -                | -                | -                | -                | 25.00            | -                | -           | -           | 25.00              |
| Sunday Morning Mtg (Flynn)       | 30.00              | -                | -                | -                | -                | -                | -                | -           | -           | -                  |
| Twin City Group                  | 65.00              | -                | -                | -                | -                | -                | 30.00            | -           | -           | 30.00              |
| Valdeze Group                    | 30.00              | -                | -                | -                | -                | 50.00            | -                | -           | -           | 50.00              |
| Way Out Group                    | 30.00              | -                | -                | -                | -                | -                | -                | -           | -           | -                  |
| West Union Group                 | -                  | -                | -                | -                | -                | -                | 60.00            | -           | -           | 60.00              |
| Western Region Mtg Contributions | -                  | 100.00           | 125.00           | 100.00           | 240.00           | 150.00           | 100.00           | -           | -           | 815.00             |
| Women's Faith and Gratitude      | 30.00              | -                | -                | -                | -                | 30.00            | -                | -           | -           | 30.00              |
| <b>Total Seed Contributions</b>  | <b>\$ 1,020.87</b> | <b>\$ 100.00</b> | <b>\$ 125.00</b> | <b>\$ 100.00</b> | <b>\$ 320.00</b> | <b>\$ 620.00</b> | <b>\$ 392.01</b> | <b>\$ -</b> | <b>\$ -</b> | <b>\$ 1,657.01</b> |

## Addresses for Donations

### **DISTRICT 12:**

District 12 Treasurer, 4759 Meadow Lark Lane, Hickory, NC 28602

### **AREA 51:**

NCGSC - Treasurer, PO Box 592, Apex, NC 27505

### **GENERAL SERVICE OFFICE:**

A.A. World Services, Inc., P.O. Box 459, New York, NY 10163 (212) 870-3400

**BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. ALSO REMEMBER TO INCLUDE YOUR GROUP NAME ON THE CHECK. IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!**

## District 12 Correctional Meetings

### Caldwell County

Caldwell Correctional Center ("Hudson")  
480 Pleasant Hill Road, Lenoir, NC 28645  
Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group

### Catawba County

Catawba Correctional Center ("Newton")  
Wednesday 10:00 am

### Burke County

Foothills Correctional Facility  
Monday 6:30 at "Littlefoot"  
Thursday 6:30 at the CRV Unit

Special permission and training required.

Contact Robert R. at [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org) or download a copy of the volunteer application at

<http://ncd12aa.org/wp-content/uploads/2018/12/CorrectionsApplication.pdf>.

## Detox Facility Meetings

### Catawba County

Catawba Valley Medical Center 7th Floor  
810 Fairgrove Church Rd SE, Hickory  
Friday 3:00 pm

Frye South Campus  
415 N Center St, Ste 3, Hickory  
Wednesday 7:00 pm and Saturday 10:00 am

### Caldwell County

RHA Comprehensive Care Center (C3)  
2415 Morganton Blvd SW, Lenoir  
Tuesday and Friday 7:00 pm

To volunteer for Detox meetings please contact Sara S. at  
[Treatment@ncd12aa.org](mailto:Treatment@ncd12aa.org)



# Numbers and Contact Information

AA District Website: <http://www.ncd12aa.org>

HOTLINE NUMBER 1-877-960-4785

ESPAÑOL - 828-291-8465

LLAMAME

DCM: Debbie G. [DCM@ncd12aa.org](mailto:DCM@ncd12aa.org)

Alternate DCM: Donna Z. [altDCM@ncd12aa.org](mailto:altDCM@ncd12aa.org)

LCM Burke: Charles B. [BurkeLCM@ncd12aa.org](mailto:BurkeLCM@ncd12aa.org)

LCM Caldwell: Open Position [CaldwellLCM@ncd12aa.org](mailto:CaldwellLCM@ncd12aa.org)

LCM Catawba: Open Position [CatawbaLCM@ncd12aa.org](mailto:CatawbaLCM@ncd12aa.org)

Secretary: Lory D. [Secretary@ncd12aa.org](mailto:Secretary@ncd12aa.org)

Treasurer: Dean K. [Treasurer@ncd12aa.org](mailto:Treasurer@ncd12aa.org)

CPC/PI: Annie H. [CPCPI@ncd12aa.org](mailto:CPCPI@ncd12aa.org)

Corrections Facility Coordinator: Robert R. [CFC@ncd12aa.org](mailto:CFC@ncd12aa.org)

Treatment Facilities Coordinator: Sara S. [Treatment@ncd12aa.org](mailto:Treatment@ncd12aa.org)

Grapevine: Mary M. [Grapevine@ncd12aa.org](mailto:Grapevine@ncd12aa.org)

Webmaster: Marty M. [Webmaster@ncd12aa.org](mailto:Webmaster@ncd12aa.org)

Publications: Steve C. [Publications@ncd12aa.org](mailto:Publications@ncd12aa.org)

Registrar: Cheri S. [Registrar@ncd12aa.org](mailto:Registrar@ncd12aa.org)

You can now contribute to your Unity News!!

We accept short stories (400 words or less), jokes, puzzles, birthday celebrations, etc.

To submit a file (word, jpg, pdf, etc.) to be considered please go to [www.ncd12aa.org/unitynews](http://www.ncd12aa.org/unitynews).

This is for files only. Please send links or email stories to [publications@ncd12aa.org](mailto:publications@ncd12aa.org).

# Announcements

## **New Groups:**

Morganton Spanish Speaking Group meets at Queen St. Club, 923 E. Union St., Morganton on Wednesdays at 8:00pm.

Liberty Road Group is an Open/Discussion group which meets at Liberty Methodist Church, 1300 Liberty Church Rd., Hiddenite on Thursdays at 7:00pm

## **Changes:**

Free Thinkers Group which is a secular meeting that meets on Sundays at Queen St. Club, 923 E. Union St., Morganton has changed times from 10:00am to 5:00pm.

## **Calls for Support:**

The Collettsville Mountaineer Group which meets at the Ruritan building in Collettsville on Wednesday nights needs support!

The Caldwell Discussion Group which meets Thursdays at 8:00pm at the Caldwell House in Lenoir needs support!

The Early Risers Group which meets Saturdays at 8:00am at Christ United Lutheran Church in Granite Falls needs support!

**There will be a meeting for all detox volunteers or those interested in volunteering on Tuesday, September 17th at 7:00pm at the the Women's Resource Center, 125 3rd St SE, Hickory.**