

Unity News

November 2019



AA Thought for the Day

(courtesy AA-Alive.net)

November 6, 2019

Acquire Willingness

But now it appears that there are certain things which only the individual can do. All by himself, and in the light of his own circumstances, he needs to develop the quality of willingness. When he acquires willingness, he is the only one who can make the decision to exert himself. Trying to do this is an act of his own will. All of the Twelve Steps require sustained and personal exertion to conform to their principles and so, we trust, to God's will.
- Twelve Steps and Twelve Traditions, (Step Three) p. 40

Thought to Ponder

What have I been given today?
Am I willing to reach out and grasp it?

AA-related 'Alconym'

SWAT = Surrender, Willingness, Action, Trust.

I am responsible . . .

**When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there.
And for that: I am responsible."**

Attendance October 2019 District 12 Meeting:

- Chad R. – Keep It Simple, GSR
- Andrew P. – Stepchildren Step Study, GSR
- Tim L. – Twin City Group, Alt. GSR
- Mary M. – Brown Bag, GSR
- Donna R. – Women's Faith and Gratitude, GSR
- Debbie G. – Women's Faith and Gratitude, DCM
- Robert R. – Granite Falls, GSR, Corrections
- Sara S. – Keep It Simple, TFC
- Scotty W. – Beginning Basics, GSR
- Reece C. – Forever Newcomers, Alt. GSR
- Marty M. – Twin City Group, Webmaster
- Charles B. – Valdese Wednesday Night, GSR
- Dianne C. – Ladies of Light, GSR
- Phillip A. – Into Action, GSR
- Dean K. – 5:30 Group, Treasurer
- Bess S. – Alexander Group, GSR, Outgoing
- Sean S. – Alexander Group, GSR, New
- Jenn L. – Women's Faith and Gratitude, Alt. GSR
- John M. – Saturday Night Speaker, GSR

FUTURE DISTRICT MEETING DATES

- DECEMBER 8TH: HOPE VALLEY, HICKORY**
- JANUARY 12TH: QUEEN ST CLUB, MORGANTON**
- FEBRUARY 9TH: CALDWELL HOUSE, LENOIR**
- MEETINGS START AT 3:00PM**

ANNOUNCEMENTS

OPEN SERVICE POSITIONS DISTRICT 12:

LCM-Catawba and LCM-Caldwell. LCM's assist the DCM in traveling to different meetings in their county to keep them informed with things going on in the District, Area, and GSO. Suggested length of sobriety is 2 years.

Also, the position of Treasurer is open. The suggested length of sobriety again is 2 years. Microsoft Excel or spreadsheet skills appreciated but not required.

To volunteer for any position, please attend the next business meeting listed above.

Calls for Support:

The Collettsville Mountaineer Group which meets at the Ruritan building in Collettsville on Wednesday nights needs support!

The Caldwell Discussion Group which meets Thursdays at 8:00pm at the Caldwell House in Lenoir needs support!

The Early Risers Group which meets Saturdays at 8:00am at Christ United Lutheran Church in Granite Falls needs support!

Secretary Report – October 2019 District Meeting

The District 12 meeting was held at the Queen Street in Morganton. There were 14 voting members. The meeting was opened with the Serenity Prayer.

SECRETARY – Lory was absent, and Marty read last month’s minutes, which were accepted.

TREASURER – Dean presented the report which was accepted.

DCM – Debbie reported that there were 11 calls on the hotline for meetings, 2 for needed talk. She reviewed upcoming events (Assembly, SSAASA, International Convention). She reported on that she made a visit to the new meeting at Safe Harbor, reviewed the new BOX 459 newsletter, submitted needs for accessibilities to GSO, and reviewed an agenda item regarding single group redistricting.

ALT DCM – Donna was absent.

LCM BURKE – Charles reported that Queen Street Center could use some support, and that Tuesday night Into Action will host a cookout on November 2nd from 12-2 at Catawba Meadows Park in Morganton.

LCM CATAWBA – Position open.

LCM CALDWELL - Position open.

CFC (CORRECTIONAL FACILITIES COORDINATOR) – Robert stated there is still a desperate need for volunteers. He received his card to enter all western region facilities as a corrections representative. Barry is working on a training date for the Newton facility. He stated that all the facilities could utilize Grapevine Magazines.

CPC/PI (COOPERATION WITH PROFESSIONAL COMMUNITY/PUBLIC INFORMATION) – Annie was absent.

TFC (TREATMENT FACILITIES COORDINATOR) – Sara reported that there is still a need for volunteers in the RHA Detox facility. The program has voted to have a meeting of all volunteers twice a year.

REGISTRAR – Cheri was absent, but Debbie stated that there were 17 changes sent into GSO.

PUBLICATIONS – Steve was absent. Marty discussed format changes to the Unity News and had posted the publications to the website.

GRAPEVINE REP – Mary discussed the new issue on “Is AA Accessible to All.” She also discussed a new book, a collection of Bill W.’s service talks, entitled “Our Great Responsibility.”

WEBMASTER – Marty stated that everything was up to date. He asked to be contacted about any corrections or announcements to be included.

OLD BUSINESS – The Women’s Faith and Gratitude will sponsor “Game Night” for the Alcothon, from 10pm to 12am, and asked for a cosponsor to do a Corn Hole Tournament. There is a need for 2 groups to sponsor the speaker and food.

NEW BUSINESS – The Alexander Group’s first meeting in December (Monday, Dec. 2nd) will be an eating meeting, a covered dish at 6pm followed by a speaker. Dean passed around the 1st draft of the 2020 budget and reviewed some of the figures. He welcomed feedback and expressed desire to step down if anyone is willing to take over. There was a discussion about seed money and contributions at the events to help with self-support. A decision was made to ask for \$30 from the groups. There was also a discussion about service animals vs. pets or “comfort” animals at the facilities.

The meeting was closed with the Lord’s Prayer.

UPCOMING EVENTS:

Fall 2019 Assembly – October 25 – 27, Hilton Raleigh North Hills, Raleigh, NC

Southern States AA Service Assembly (SSAASA) – November 8-10; Lake Junaluska Conference Center, Lake Junaluska, NC

Treasurer's Report for End-of-October 2019

	2018	2019										YTD
	TOTALS	January	February	March	April	May	June	July	August	September	October	TOTALS
Operating Cash - Beg of Period	\$ 3,700.83	\$ 1,702.39	\$ 2,112.69	\$ 2,245.64	\$ 2,041.36	\$ 2,238.36	\$ 2,586.83	\$ 2,088.09	\$ 2,579.85	\$ 2,580.63	\$ 2,496.93	\$ 1,702.39
Normal Contributions												
5:30 Group	168.50	-	-	-	26.00	-	-	40.00	-	-	24.00	90.00
Alexander Group	80.00	20.00	-	-	-	20.00	-	-	-	-	10.00	50.00
Anonymous Donation	50.00	-	-	-	-	-	-	-	-	-	-	-
Basic Book Study	120.00	-	-	-	-	200.00	-	-	-	-	-	200.00
Brown Bag Bunch	312.00	65.00	-	-	50.00	-	75.00	50.00	50.00	-	-	290.00
Caldwell Discussion	81.00	-	-	-	-	-	-	-	-	-	-	-
Come Alive Group	116.52	-	63.84	-	-	-	47.88	-	-	-	-	111.72
Cookies on the Table	200.00	-	-	75.00	-	-	-	50.00	-	-	-	125.00
Forever Newcomers	160.00	-	-	-	-	-	60.00	-	-	-	-	60.00
Gimme Shelter/Into Action	97.24	-	-	-	-	-	-	-	-	-	-	-
Granite Falls AA Group	125.00	-	-	-	-	100.00	-	-	-	-	-	100.00
High Noon	700.00	-	100.00	50.00	50.00	50.00	50.00	50.00	50.00	50.00	50.00	500.00
Into Action Group	137.50	-	98.00	-	-	66.38	-	-	120.22	-	-	284.60
Keep it Simple	350.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	300.00
Ladies of Light Group	25.00	-	-	50.00	-	-	50.00	-	-	-	50.00	150.00
Lenoir Discussion Group	102.00	-	-	-	-	-	-	-	-	-	-	-
Living Sober	30.00	-	-	-	-	-	-	-	-	-	-	-
Morganton Central Group	-	-	-	-	-	-	-	-	-	-	20.00	20.00
Primary Purpose	262.25	46.40	-	-	51.00	-	-	85.00	-	-	150.00	332.40
Saturday Night Group	-	-	-	-	-	-	-	-	-	-	-	-
Saturday Night Speaker	205.00	70.00	-	-	70.00	-	-	70.00	-	-	80.00	290.00
Second Chances	-	-	-	-	-	50.00	-	-	-	-	50.00	100.00
Serenity Sisters	98.88	-	32.48	-	-	-	26.60	-	-	-	-	59.08
Step Children Step Study	25.00	-	-	-	-	25.00	-	-	-	-	-	25.00
Sunday Morning Meeting Group	25.00	-	-	-	-	-	-	-	-	-	-	-
Twin City Group	380.00	268.00	-	-	-	-	-	260.76	-	-	-	528.76
Valdese Discussion Group	250.00	-	-	-	-	-	-	50.00	-	-	-	50.00
West Union Group	100.00	-	-	50.00	-	-	50.00	-	-	-	50.00	150.00
Women's Faith and Gratitude	247.00	-	-	-	-	-	-	-	20.00	-	-	20.00
Young at Heart	-	-	-	4.00	20.00	-	-	-	-	-	-	24.00
Total Normal Contributions	4,447.89	499.40	324.32	259.00	297.00	541.38	389.48	635.76	320.22	80.00	514.00	3,860.56
Expenses												
Answering Service	861.00	71.50	79.50	69.50	80.00	74.00	92.50	124.00	92.50	102.50	104.00	890.00
Treasury Expenses	-	-	-	-	-	53.55	-	-	-	-	-	53.55
CFC	32.12	-	-	-	-	-	-	-	-	-	-	-
Committee Travel Expenses	1,878.14	-	-	355.80	-	-	753.04	-	129.05	-	345.98	1,583.87
District Meeting Host Donations	-	-	-	-	20.00	20.00	20.00	20.00	20.00	20.00	20.00	140.00
GSO	1,200.00	-	-	-	-	-	-	-	-	-	-	-
Internet Service	398.82	-	111.87	-	-	-	-	-	-	-	-	111.87
Area 51	1,200.00	-	-	-	-	-	-	-	-	-	-	-
Treatment Facilities	60.31	-	-	-	-	-	-	-	-	-	-	-
Publications	-	17.60	-	37.98	-	45.36	22.68	-	77.89	41.20	-	242.71
Western Region Mtg Expenses	300.00	-	-	-	-	-	-	-	-	-	-	-
Total Expenses	5,930.39	89.10	191.37	463.28	100.00	192.91	888.22	144.00	319.44	163.70	469.98	3,022.00
Operating Cash - End of Period	\$ 2,218.33	\$ 2,112.69	\$ 2,245.64	\$ 2,041.36	\$ 2,238.36	\$ 2,586.83	\$ 2,088.09	\$ 2,579.85	\$ 2,580.63	\$ 2,496.93	\$ 2,540.95	\$ 2,540.95
Special Events Activity												
Contributions/Seed Money	\$ 1,020.87	\$ 100.00	\$ 125.00	\$ 100.00	\$ 320.00	\$ 620.00	\$ 392.01	\$ -	\$ -	\$ -	\$ 60.00	\$ 1,717.01
Special Events Expenses	(1,536.81)	-	(300.00)	-	(866.45)	(300.00)	(361.28)	-	-	-	-	(1,827.73)
Balance for Special Events	\$ (515.94)	\$ 100.00	\$ (75.00)	\$ 25.00	\$ (521.45)	\$ (201.45)	\$ (170.72)	\$ (170.72)	\$ (170.72)	\$ (170.72)	\$ (110.72)	\$ (110.72)
TOTAL CASH												
	\$ 1,702.39	\$ 2,212.69	\$ 2,170.64	\$ 2,066.36	\$ 1,716.91	\$ 2,385.38	\$ 1,917.37	\$ 2,409.13	\$ 2,409.91	\$ 2,326.21	\$ 2,430.23	\$ 2,430.23

NOTE: The District Committee has determined that \$1,200 of the Operating Cash, also included in TOTAL CASH above, should be maintained as a Prudent Reserve.

Addresses for Donations

DISTRICT 12:

District 12 Treasurer
4759 Meadow Lark Lane,
Hickory, NC 28602

AREA 51:

NCGSC - Treasurer
PO Box 592
Apex, NC 27505

GENERAL SERVICE OFFICE:

A.A. World Services, Inc.
P.O. Box 459
New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NAME ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

Numbers and Contact Info:

A.A. District 12 Website: <http://www.ncd12aa.org>

Hotline Number: **1-877-960-4785**
Espanol: **828-291-8465** LLAMAME

DCM: Debbie G. dcm@ncd12aa.org
Alternate DCM: Donna Z. altdcm@ncd12aa.org
LCM Burke: Charles B. burkelcm@ncd12aa.org
LCM Caldwell: open caldwelllcm@ncd12aa.org
LCM Catawba: open catawbalm@ncd12aa.org
Secretary: Lory D. secretary@ncd12aa.org
Treasurer: Dean K. treasurer@ncd12aa.org
Registrar: Cheri S. registrar@ncd12aa.org
Cooperation with Professional Community/Public Information: Annie H. cpcpi@ncd12aa.org
Correctional Facilities Coordinator:
Robert R. cfc@ncd12aa.org
Treatment Facilities Coordinator:
Sara S. treatment@ncd12aa.org
Grapevine Coordinator:
Mary M. grapevine@ncd12aa.org
Webmaster: Marty M. webmaster@ncd12aa.org
Publications: Steve C. publications@ncd12aa.org

District 12 Correctional Meetings

Caldwell County

Caldwell Correctional Center ("Hudson")
480 Pleasant Hill Road, Lenoir, NC 28645

Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group

Catawba County

Catawba Correctional Center ("Newton")
Wednesday 10:00 am

Burke County

Foothills Correctional Facility
Monday 6:30 at "Littlefoot"

Thursday 6:30 at the CRV Unit

Special permission and training required.
Contact Robert R. at CFC@ncd12aa.org or download a copy of the volunteer application at <http://ncd12aa.org/wp-content/uploads/2018/12/CorrectionsApplication.pdf>.

Detox Facility Meetings

Catawba County

Catawba Valley Medical Center 7th Floor
810 Fairgrove Church Rd SE, Hickory
Friday 3:00 pm

Frye South Campus
415 N Center St, Ste 3, Hickory
Wednesday 7:00 pm and Saturday 10:00 am

Caldwell County

RHA Comprehensive Care Center (C3)
2415 Morganton Blvd SW, Lenoir
Tuesday and Friday 7:00 pm

To volunteer for Detox meetings please contact Sara S. at Treatment@ncd12aa.org