

Unity News

April 2020



AA Thought for the Day

(courtesy AA-Alive.net)

April 12, 2020

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Root Of Our Troubles

Selfishness—self-centeredness! That, we think, is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate.

Sometimes they hurt us, seemingly without provocation, but we invariably find that at some time in the past we have made decisions based on self which later placed us in a position to be hurt. So our troubles, we think, are basically of our own making.

- *Alcoholics Anonymous, (How It Works) p. 62*

Thought to Ponder

The smallest package in the world is an alcoholic all wrapped up in himself.

AA-related 'Alconym'

A A = Answer Available.

I am responsible . . .

**When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there.
And for that: I am responsible."**

AA DISTRICT 12 MONTHLY ATTENDANCE – MARCH, 2020

- Scotty W. – Beginning Basics, GSR
- Charles B. – Valdese Wednesday Night, GSR
- Dean K. – 5:30 Group, Treasurer
- Lory D. – Cookies on the Table, Secretary
- Travis G. – Cookies on the Table, GSR
- Jonathan B. – A Way Out, GSR
- Diana B. – High Noon Group, Alt. Grapevine Rep.
- Brad M. – Twin City Group, GSR
- Mitchell D. – High Noon Group, Visitor
- Rob P. – Keep It Simple, GSR
- Cody S. – Morganton Central Group, GSR
- Tim L. – Twin City Group, Alt. GSR
- Dana W. – Primary Purpose, GSR
- Dave B. – Brown Bag, GSR
- Tom H. – Come Alive Group, visitor
- Mark B. – Granite Falls, Friday Night, visitor
- Reece – Forever Newcomers, GSR
- Sara S. – Keep It Simple, TFC
- Jarrett R. – New Hope Group, GSR
- Michael B. – Newton Conover, GSR
- Bob F. – Morganton Central Group, Alt. GSR

FUTURE DISTRICT MEETING DATES

- MAY 17TH: CALDWELL HOUSE, LENOIR**
- JUNE 14TH: HOPE VALLEY, HICKORY**
- JULY 12TH: QUEEN ST CLUB, MORGANTON**

TRADITION MEETINGS AT 2:00PM

BUSINESS MEETINGS START AT 3:00PM

ANNOUNCEMENTS

OPEN SERVICE POSITIONS DISTRICT 12:

CPC/PI (Cooperation with Professional Community/ Public Information) Coordinator - Helps to inform professionals (doctors, lawyers, law enforcement, etc) about what AA does and does not do. Also, helps to inform the public as well. Suggested length of sobriety is 2 years.

Also, the position of Treasurer is open. The suggested length of sobriety again is 2 years. Microsoft Excel or spreadsheet skills appreciated but not required.

To volunteer for any position, please attend the next business meeting listed above.

All detox and correctional meetings are closed during the COVID-19 pandemic.

Many groups have temporarily suspended meetings during the pandemic. Some have found alternate locations. Some are meeting online. Please visit the website at: www.ncd12aa.org/meetings to get the latest information.

Please contact the Webmaster at: webmaster@ncd12aa.org for any temporary changes to your meetings. The physical Where & When list has not been changed to reflect updates during this time. It will be updated again once the pandemic restrictions are lifted.

Secretary Report – March 2020 District Meeting

The District 12 meeting was held at Hope Valley in Hickory. There were 17 voting members. The meeting was opened with the Serenity Prayer.

SECRETARY – Lory read last month’s minutes, which were accepted.

TREASURER – Dean reviewed his report, which was approved.

DCM – Debbie was absent. Charles gave Debbie’s report, stating that there were 10 calls for meetings, 2 to speak with someone. He also reviewed the upcoming events; flyers are listed on the website. Open service positions were reviewed.

ALT DCM – Donna was absent.

LCM BURKE – Charles stated that there was nothing new to report.

LCM CATAWBA – Position open.

LCM CALDWELL - Position open.

CFC (CORRECTIONAL FACILITIES COORDINATOR) – was absent. Charles mentioned the need for recycled Grapevines to be used in facilities.

CPC/PI (COOPERATION WITH PROFESSIONAL COMMUNITY/PUBLIC INFORMATION) – Position open.

TFC (TREATMENT FACILITIES COORDINATOR) – Sara reviewed the RHA incident discussed last month. She stated that the facility has their own screening process for volunteers, and that she has little contact with this facility. She reached out to Marty M. who had told her the issue was resolved after connecting to the facility.

REGISTRAR – Leigh Anna was absent.

PUBLICATIONS – Steve was absent but sent in Unity News and schedules. Changes needed were reviewed. A question arose about the Early Riser’s Group existence. A decision was made to ask Debbie to investigate.

GRAPEVINE REP – Dianna B. reviewed the new Grapevine.

WEBMASTER – Marty was absent but had sent in report that all was up to date.

OLD BUSINESS – Charles stated that Unity Day was scheduled for June 6th. He also reviewed open positions. Tom H. volunteered to become LCM Caldwell. Scotty W. volunteered to become LCM Catawba. Both reviewed their qualifications, and both were voted in unanimously. Tom will investigate the Early riser’s Meeting issue.

NEW BUSINESS – Charles stated that our May District meeting is scheduled for May 10th, on Mother’s Day. A vote passed to change the date to May 17th. Holding hands at the end of meeting was discussed in light of the virus issues, and all home groups will decide for themselves how to close their meetings. Mitchell asked again about the RHA meeting issue, wanting more clarification about is this an AA meeting the District is responsible for. Tom, Debbie, and Marty will investigate this issue for the District by next meeting.

The meeting was closed with the Lord’s Prayer.

UPCOMING EVENTS:

March 13 – 15, Area 51 Corrections Conference, Aberdeen, NC.

March 21, Western Pre-Conference, Charlotte, NC.

May 29-31, Area 51 Spring Assembly, Raleigh NC.

July 2-5, International Convention, Detroit, Mich.

Treasurer's Report for End-of-March 2020

	2019	2020			YTD
	<u>TOTALS</u>	<u>January</u>	<u>February</u>	<u>March</u>	<u>TOTALS</u>
Operating Cash - Beg of Period	\$ 1,702.39	\$ 2,793.59	\$ 2,228.55	\$ 2,366.54	\$ 2,793.59
<u>Normal Contributions</u>					
5:30 Group	90.00	20.00	-	-	20.00
Alexander Group	50.00	-	-	-	-
A Way Out Group	100.00	-	-	-	-
Basic Book Study	200.00	-	-	-	-
Brown Bag Bunch	390.00	-	125.00	50.00	175.00
Come Alive Group	170.00	-	-	-	-
Cookies on the Table	150.00	-	-	-	-
Forever Newcomers	140.00	-	-	-	-
Granite Falls AA Group	100.00	-	-	-	-
High Noon	600.00	50.00	50.00	-	100.00
Into Action Group	343.04	-	122.10	-	122.10
Keep it Simple	360.00	30.00	30.00	30.00	90.00
Ladies of Light Group	180.00	-	-	-	-
Morganton Central Group	20.00	10.00	-	-	10.00
Primary Purpose	332.40	-	120.00	-	120.00
Saturday Night Speaker	290.00	70.00	-	-	70.00
Second Chances	100.00	-	-	-	-
Serenity Sisters	90.16	-	-	-	-
Step Children Step Study	25.00	-	-	-	-
Twin City Group	528.76	391.20	-	-	391.20
Valdese Discussion Group	250.00	-	-	-	-
West Union Group	225.00	-	-	-	-
Women's Faith and Gratitude	20.00	-	-	-	-
Young at Heart	24.00	-	-	-	-
Total Normal Contributions	4,778.36	571.20	447.10	80.00	1,098.30
<u>Expenses</u>					
Answering Service	1,072.00	89.50	91.50	91.50	272.50
Treasury Expenses	53.55	-	11.00	-	11.00
CFC (Corrections)	181.04	-	-	-	-
Committee Travel Expenses	1,583.87	-	-	127.16	127.16
District Meeting Host Donations	180.00	20.00	20.00	20.00	60.00
Area 51/GSO	-	1,000.00	-	-	1,000.00
Internet Service	111.87	-	141.03	-	141.03
CPC/PI (Treatment Facilities)	251.84	26.74	-	-	26.74
Publications	264.27	-	45.58	23.91	69.49
Total Expenses	3,698.44	1,136.24	309.11	262.57	1,707.92
Operating Cash - End of Period	\$ 2,782.31	\$ 2,228.55	\$ 2,366.54	\$ 2,183.97	\$ 2,183.97
-					
<u>Special Events Activity</u>					
Contributions/Seed Money	2,232.01	-	-	-	-
Special Events Expenses	(2,220.73)	(400.00)	-	-	(400.00)
Balance for Special Events	\$ 11.28	\$ (400.00)	\$ (400.00)	\$ (400.00)	\$ (400.00)
TOTAL CASH					
	\$ 2,793.59	\$ 1,828.55	\$ 1,966.54	\$ 1,783.97	\$ 1,783.97
NOTE: The District Committee has determined that \$1,200 of the Operating Cash, also included in TOTAL CASH above, should be maintained as a Prudent Reserve.					

Addresses for Donations

DISTRICT 12:

District 12 Treasurer
4759 Meadow Lark Lane,
Hickory, NC 28602

AREA 51:

NCGSC - Treasurer
PO Box 592
Apex, NC 27505

GENERAL SERVICE OFFICE:

A.A. World Services, Inc.
P.O. Box 459
New York, NY 10163 (212) 870-3400

BE SURE TO INCLUDE YOUR INDIVIDUAL OR GROUP NAME. **ALSO REMEMBER TO INCLUDE YOUR GROUP NAME ON THE CHECK.** IF YOU WOULD LIKE A RECEIPT, PLEASE STATE SUCH AND BE SURE TO INCLUDE A RETURN ADDRESS. THANKS IN ADVANCE!!

Numbers and Contact Info:

A.A. District 12 Website: <http://www.ncd12aa.org>

Hotline Number: **1-877-960-4785**
Espanol: **828-291-8465** LLAMAME

DCM: Debbie G. dcm@ncd12aa.org
Alternate DCM: open altdcm@ncd12aa.org
LCM Burke: Charles B. burkelcm@ncd12aa.org
LCM Caldwell: Tom H. caldwelllcm@ncd12aa.org
LCM Catawba: Scotty W. catawbalm@ncd12aa.org
Secretary: Lory D. secretary@ncd12aa.org
Treasurer: Dean K. treasurer@ncd12aa.org
Registrar: Leigh Anna H registrar@ncd12aa.org
Cooperation with Professional Community/Public Information: open cpcpi@ncd12aa.org
Correctional Facilities Coordinator:
Robert R. cfc@ncd12aa.org
Treatment Facilities Coordinator:
Sara S. treatment@ncd12aa.org
Grapevine Coordinator:
Diana B. grapevine@ncd12aa.org
Webmaster: Marty M. webmaster@ncd12aa.org
Publications: Steve C. publications@ncd12aa.org

District 12 Correctional Meetings

Caldwell County

Caldwell Correctional Center ("Hudson")
480 Pleasant Hill Road, Lenoir, NC 28645

Tuesday & Thursday 6:30-7:30 pm-Pleasant Hill Group

Catawba County

Catawba Correctional Center ("Newton")
Wednesday 9:00 am

Friday 6:30 pm

Burke County

Foothills Correctional Facility

Monday 6:30 at "Littlefoot"

Thursday 6:30 at the CRV Unit

Special permission and training required.

Contact Robert R. at CFC@ncd12aa.org or download a copy of the volunteer application at <http://ncd12aa.org/wp-content/uploads/2018/12/CorrectionsApplication.pdf>.

Detox Facility Meetings

Catawba County

Catawba Valley Medical Center 7th Floor
810 Fairgrove Church Rd SE, Hickory
Friday 3:00 pm

Frye South Campus

415 N Center St, Ste 3, Hickory

Wednesday 7:00 pm and Saturday 10:00 am

Caldwell County

RHA Comprehensive Care Center (C3)

2415 Morganton Blvd SW, Lenoir

Tuesday and Friday 7:00 pm

To volunteer for Detox meetings please contact Sara S. at Treatment@ncd12aa.org